







ATHLETIC ACTIVITIES / スポーツ



Archery / アーチェリー

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
31	Athletic Activities Alliance	Japanese Archery Club		Train japanese traditional style archery	TUE-FRI:17:40-20:10(WED,FRI:MEN/TUE, THU:WOMEN) SAT:10-12or13-15	Sophia University Sanadabori Ground
58	Athletic Activities Alliance	Archery Club		practice archery to win the league match and contribute to sophia university	sanadabori(sophia ground)	sanadabori(sophia ground)
1246	Unorganized	Sophia kyudo club		practice of Kyudo	AM9~12,PM13~17,18~21:30	Fukagawa sports center,Koto ward hall





Badminton / バドミントン

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
55	Athletic Activities Alliance	Badminton Club		Regardless of experienced, we try to improve of technique.	Tue.Thu.Fri. 15:25~19:15 Sat. 10:30~15:30	Sophia University 3rd gymnasium
172	Unorganized	MINT badminton club		We play badminton! Beginners are welcome!	18:00~21:00,18:00~22:00	nishiwaseda station, kinshityo station, sannguubashi station and so on.
1328	Unorganized	Good on		We play badminton extremely roughly.	18 p.m. to 20 p.m. on weekdays	Nakano-ku So-go Taiikukan (KIRIN LEMON Sports Center)







Baseball / 野球

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
36	Athletic Activities Alliance	Sophia Baseball Club		Win the division of the Tohto University Baseball League and promote to the 2nd division.	Weekdays- 15:00~18:30 Saturdays and Sundays- 9:00~18:00	Weekdays- Sanadabori Ground Saturday and Sunday- Hadano Ground
44	Athletic Activities Alliance	Semi-hard baseball club	—	Our project is to win and try to promote to the upper division.	12:00~15:00	Sanadabori Baseball Ground
64	Athletic Activities Alliance	Ladies'Baseball Club		As women, we play aggressive baseball every Wed. and Fri. and Sat. Join us!	Wednesday and Friday before classes and Saturday mornings	Sanadabori baseball field
119	Hobby Club Alliance	Fire Birds	—	Practice,games with other university teams, training camps, etc.	Weekdays from 18:00 to 21:00 and holidays.	Sotobori Park Baseball Stadium, Shiba Park Baseball




Basketball / バスケットボール

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
51	Athletic Activities Alliance	Women's Basketball Club		We will unite to be remaining behind division 3 during the autumn league match.	Tue 18:00-21:00, Wed&Fri 15:00-18:00, Sat&Sun (Irregular)	Sophia University Arena
52	Athletic Activities Alliance	official sophia men's basketball team		It is a club activity that focuses on winning and trains not only the technique but also the heart.	5 days a week(about 3 hours a day)	3rd gymnasium
96	Hobby Club Alliance	APeS		We play basketball twice a week and have a lot of events like training camps.	7pm to 9pm (2 hours)	Ebarahiratsuka elementary school's gym in Shinagawa
297	Unorganized	Cagey Cagers	—	Basketball practice, 4 camps a year, and other events.	Depends on gymnasium reservations.	Akabane, Kanda, Takinogawa, Shinkiba.
387	Unorganized	Reindeers		Basketball,BBQ and other events	Once a week for 3 hours	Around Ikebukuro






Budo/武道




Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
26	Athletic Activities Alliance	Aikido Club		Let's enjoy martial arts!	Monday, Wednesday, Friday and Saturday two hours each	Judo Hall
30	Athletic Activities Alliance	Karate Club	—	Chito-ryu Karatedo practice	2 hours 3 times a week	jukendo place
33	Athletic Activities Alliance	Kendo team		practicing kendo and taking part in competitions	Monday, Wednesday, Friday 17:20-19:00 Saturday 13:00-15:00	kendojo
41	Athletic Activities Alliance	Shorinji-kempo Club		All members of the club take their activities seriously and have fun.	Mon-Wed-Fri 1525-1730, Sat 1600-1900.	Judo Hall, Kendo Hall, First Sports Hall
43	Athletic Activities Alliance	Judo Club		Hi, We are Judo Club! Both beginners and experienced players are enjoying judo here!	2 hours	Judo Hall
182	Unorganized	Sophia aiki-kai		We aim to understand and train Aikido, and international exchange.	Tuesday, Thursday 15 : 25~, Saturday 11 : 00~	judo hall
1322	Unorganized	Sophia Kendo Society		Practice about twice a week.	Irregular.	Kendo hall, etc.

Cheerleading/チアリーディング

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
29	Athletic Activities Alliance	Sophia Cheering Squad		cheering for Athlete Association and joining the events inside and outside the university	weekday daytime, after school on Monday and Thursday, in the morning on Saturday and Sunday	the 3rd gym, building NO.11 (music practicing room NO.6), building NO.14(101)
126	Hobby Club Alliance	Sophia University sophia cheerleaders Lollipopers		We mainly practice stunt, dance, and motion.	About 12 hours a week.	Mainly at Judojou.
1166	Unorganized	Sophia University Intercollegiate Cheerleading Club JESTY		Perform cheerleading at Sophia festivals, Freshman week, and other events.	Once a week (2 or 3 times a week before events) 7:00p.m. to 10:00p.m.	dance studios or sports centers in Tokyo

Dance/ダンス


Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
32	Athletic Activities Alliance	Dance sport club		Participation in competitions, daily practice, joint practice with other universities	Twice weekly practice sessions	building 11, Hoffmann hall
84	Theatrical Activities Committee	Sophia Modern Dancers		jazz dance club	4-5period	Gym No.1, Hoffmann Hall, Classroom
89	Theatrical Activities Committee	Alegrias	—	We practice flamenco which is spanish traditional dance two times a week.	Thursday and another day of week which members'schedules are convenient.	Sophia university and main studion at Nishiogikubo station.
178	Unorganized	G-Splash		Creating dance showcases for a performance and competities	17:00-21:00 (varies depending on the day)	Gymnasiums in Sophia or studios in Tokyo
561	Unorganized	Dance Crew Eagle	—	dance practicing	18:00 at Tuesday and Thursday, 17:00 at Saturday	studios around yotsuya, college classrooms
794	Unorganized	SPH mellmuse		We perform dance of Japanese idol at the competition and events in Sophia university.	Monday, Wednesday: 18:00pm ~21:00pm Saturday, Sunday: 9:00am~12:00am	Hohuman Hall 6th or 7th meeting room in Sophia university and studio in Tokyo
1006	Unorganized	Sophia Hula Team Hau'oli		ALOHA! We are the only hula team at Sophia University!	2 hours on weekdays afternoon, 4 hours on holidays afternoon	University, City hall in Chiyoda-ku, Studio in Tokyo

1263	Unorganized	Lupine		We are the circle of coverdance of Kpop stars.	Friday 17:30PM~21:00PM Sunday 9:00AM~13:00 AM Everyweek	The campus of Sophia university or dance studios in Shibuya or Ikebukuro
1368	Unorganized	BlooMe		Kpop dance cover	gymnasium of sophia or dance studio	18:00-21:00 on Friday or 10:00-13:00 on Saturday
1371	Unorganized	PiXiA		【KPOP・BALLET・VOCAL】+ COSTUME	Sophia University or Danse Studios near the University	Once per week / Each genre 18 : 00-20 : 00




Football/フットボール

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
28	Athletic Activities Alliance	American Football Club		we practice 5 days a week to win the Kanto Football League games in autumn.	Mondays, Tuesdays, Thursdays, Fridays and Saturdays from 4 pm to 7 pm.	Sanadabori-ground
39	Athletic Activities Alliance	SOPHIA Univ. FOOTBALL TEAM		We are working hard to practice with the aim of becoming "the best Sophia ever".	Monday, Wednesday, Thursday, Friday(15:00-19:00), Saturday and Sunday.	Sanada Moat Grounds and other grounds
102	Hobby Club Alliance	FC.EAGLE	—	Soccer practice and participation in tournaments	Tuesday, Thursday morning practice 8:00-9:00 a.m., Saturday 4:00-6:30 p.m.	Sophia 3rd Gymnasium, Sanadabori Ground
133	Unorganized	Gokimaruzu F.C.	—	Let's enjoy football fully!	Monday and Thursday, 16:00-18:00	Sanadabori Athletic Field, Koishikawa Sports Ground
134	Unorganized	F.C.LEXUS	—	soocer,futsal	lunch break (from twelve 35 to threeteen thirty)	Sanadabori ground
418	Unorganized	FUN-ta-SISTER		Futsal Practice at the Handball Court	Tuesday: 5 - 7pm, Saturday: 4-6pm	Sanadabori Ground Handball Court
950	Unorganized	F.C.ARMADOR	—	Gender and mixed futsal matches	2 days a week, 2 hours a day	Kinshicho/Kokubunji
1062	Unorganized	NFL lovers society	—	People who like NFL and American football get together and work.	From 15:00 to 18:00	Hoffman hall B221
1348	Unorganized	F.C.CLAVELINA		We are the only girl's soccer and futsal circle!	3 times a month, Wednesday or Friday night	Futsal court near Sophia university, Sanadabori ground



Lacrosse/ラクロス

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
63	Athletic Activities Alliance	Girl's Lacrosse Club		We practice lacrosse to win in the Kanto Lacrosse League 3.	Tue.,Wed.,Fri./7:00-Sat.,Sun./8:00-	Sanadabori Ground
65	Athletic Activities Alliance	Men's Lacrosse	—	Practice lacrosse for lacrosse league games	Mon,Tue,Thu 7:00-9:00,/Sat 8:00-11:00	Sanadabori Ground soccer field









Marine Sports/マリンスポーツ

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
18	Unorganized	Sophia scuba diving club	—	scuba daiving	Once or twice in a month	in Izu , Okinawa and so on
59	Athletic Activities Alliance	Sophia Sailing Team		We practice sailing on our 470-class dinghy every weekend. Our goal is to win in races and enjoying sailing.	Every weekend (about 4 days a week during vacations)	Enoshima Yacht Harbor (Hayama Port / Hakkeijima Marina)
426	Athletic Activities Alliance	SOPHIA WINDSURFING TEAM		Windsurfing is a form of sailing, where board powered across the water by the wind. 99% of people start when they enter university	Regular practices in Kamakura .	Compulsory Sunday practices/9:00-18:00 Independent practice on any time any day.
1291	Unorganized	Sophia Surf Lifesaving Club	—	Monitoring and rescue activities at beaches. To prevent water accidents we usually do physical and rescue training in the sea. There is also life saving sports to improve rescue ability.	Wednesday, 5th Class	Hasaki Beach,Otake Coast, Enoshima Beach and Sophia pool
1345	Unorganized	Sophia Riders on the wave		surfing, snowboarding, skateboarding and events	maountains and seas in Japan	maountains and seas in Japan













Motorsports/モータースポーツ

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
42	Athletic Activities Alliance	Sophia University Motorsports Club		We try gymkhana.	Week day afternoon. Weekend	Circuits, car shop"COMDRIVE"
368	Unorganized	Sophia Racing		We design and make our own car from every single part and participate in Formula SAE Japan which takes place in japan every summer.	afterschool and weekend or any time you like.	machine hall 2nd basement floor


Other Ball Game/その他球技

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
27	Athletic Activities Alliance	Ice Hockey Club		Icehockey team is mainly active at Ice Arena twice a week. There are about 15 members. Although it seems to be a small club, we won the last year's Spring Games. Ice hockey, which is said to be fighting on ice, is really cool sports.	Monday, Wednesday/24:30~	Meiji Jingu Gaien Ice Arena/Dydo dorinko Ice Arena
37	Athletic Activities Alliance	Golf Team		Golf competition	M/ Tue 5th period, Sat 10-12 W/Mon, Fri 5th period	Sanadabori ground, Driving range around Sophia
47	Athletic Activities Alliance	Table Tennis Club	—	All members of the club are working hard to win the league.	Mon-Wed-Thu 17:25-20:20 Sat 9:30-15:30	Second gym
50	Athletic Activities Alliance	Handball club		We are practicing 3 times per week. Aiming to play in a higher league.	Monday 18:00-21:00 Wendsday 18:00-21:00 Saturday 8:30-11:30	Gymnasium 3
60	Athletic Activities Alliance	Rugby Football Club		We enjoy rugby. Preparing for the Kanto University Rugby competition, we are absorbed in practice.	(Tue)(Wed)(Thu)15:30-19:30(Sat)13:00-16:00	Sanadabori ground
66	Athletic Activities Alliance	Sophia Field Hockey		We are training hard to move up to the Kanto University League Div.1!	Mon/Wed/Fri: 7:15a.m.-9:00a.m./Sat: 11:00a.m.-2:00p.m.	Sanada-bori Field
170	Unorganized	Sophia Racquetball Club		We practice a sport called racquetball once a week.	Fri/p.m.5~p.m.7	SPA Shirokane
1260	Unorganized	Sophia Country Club	—	Golf practice and party.	Wednesday 17:00-19:00, Sunday 15:00-17:00.	Snadabori Driving range in the University.
1314	Unorganized	Sophia Squash Circle		we play squash on a squash court 2 or 3 times a week	18:00-19:30	Squash court in Sasazuka
1381	Unorganized	Sophia table tennis circle ping pong		We enjoy table tennis once a week!	Shibuya	Once a week,evening



Other Sports / その他スポーツ

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
45	Athletic Activities Alliance	Sophia Swimming Team		We practice at the pool, towards our personal and team goals.	On Mondays, Fridays, and Saturdays, 9:30~12:00. On Tuesdays and Thursday, 15:00~17:00. On Wednesday, 9:30~10:40 and 15:00~17:00.	Sophia University Gymnasium Pool
56	Athletic Activities Alliance	Fencing club		Let's fencing!	Tue,Fri 17:30-21:00 Sun 10:00-14:00	No. 2 Gymnasium
57	Athletic Activities Alliance	Sophia University Boxing Club		Practicing boxing for amateurs and working out	Saturday 12:30~15:00	1st Gymnasium
61	Athletic Activities Alliance	Sophia Track and Field Club		We are working on daily practice toward each goal.	5:00pm-9:00pm,9:30am-12:30pm	Sanadabori,yumenosima,Oda Field,etc.
93	Hobby Club Alliance	Sophia Walking Club		Walking in various places around Tokyo.	Once a month(*basically)	Various places in Tokyo (*announced for each walk)
111	Athletic Activities Alliance	FLYING DISC CLUB FREAKS		We play "ultimate frisbee."	weekday:lunch break/Sat:9:00~15:00	Mon-Fri:Sanadabori ground / Sat:Edogawa riverbed
121	Hobby Club Alliance	Sophia figure skating club	—	Practicing at individual's club	Depends on individual's club	Depends on the individual's club
187	Unorganized	Sophia Flying Turkeys		Wanna make an aircraft? Seats for pilots are still available! Join Sophia Flying Turkeys and enjoy creating and riding our huge plane this summer!	Mon-Fri after school. Holiday 14 ~18 o'clock.	HN231
684	Unorganized	Q's	—	Members gather to play billiards once a week	18:00 - 20:00	Sansui Billiards (Takdanobaba)
1140	Unorganized	eikenkai		We are active in a circle through sports chanbara	Every Tuesday and Thursday from 19:00 to 22:00	Shinjuku Cosmic Sports Center/Okubo Sports Plaza
1242	Unorganized	Sophia Yoga club Rati		It is the only YOGA club at Sophia University!	Once or twice a week	School / Zoom / Park / Seaside
1356	Unorganized	Sophia Running Freaks		Run around imperial palace once a week. We also do trail running once a month.	Undecided. It will be announced on the official SNS account.	Yotsuya Campus・Imperial Palace
1369	Unorganized	Burger Town	—	Airsoft "survival game".	Shinjuku Station (Brave Point), Shin-Yuriagoka Station (Savage OPS), Center Kita Station (Area 41)	Weekly/biweekly on Sunday from 12:00-19:00. Can also vary.
1377	Unorganized	Sophia Cycling Club		We ride our bicycles to different places for the scenery and cafes!	From the ocean to the mountains, including day trips to the suburbs of Tokyo!	Our club meets a couple of times a month for scenery and cafes.
1378	Unorganized	Sophia Barbell Club		fitness	gym	Monday・Wednesday (3rd period)





Outdoor / アウトドア

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
19	Cultural/Academic Alliance	Tankenbu		Outdoor activities, mainly mountain climbing and rafting	Outdoor activities every weekend, regular meetings every Tuesday	Mountains, rivers, streams, caves, etc.
62	Athletic Activities Alliance	WANDERVOGEL CLUB		highking, trekking, boulderring, rivertrekking ex.	weekday, weekend vacations	outdoor place, mountains, club room ex.
1167	Unorganized	Sophia Adventure Club (SAC)	—	We are enjoying outdoor.	irregular	various places

Ski/Snowboarding／スキー・スノーボーディング

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
46	Athletic Activities Alliance	Racing Ski Club	—	Basic training from spring to autumn, training on snow in winter	After the 4th period of Wednesday and Friday, in the morning of Sunday	Yoyogi park, training room
91	Hobby Club Alliance	Aspen Ski Club		ASPEN ski club is the demo team.	17:30-19:00 on Wednesdays/13:30-15:30 on Saturdays (off-season)	At Meiji jingu gaien (Outer garden of Meiji Shrine)
1341	Unorganized	Winter Sports Club		Enjoy winter sports mainly in winter	indeterminate	indeterminate

Tennis／テニス



Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
34	Athletic Activities Alliance	Girls tennis team		We play tennis four times a week and participate in several tennis tournaments. And practice practice practice!	Tue/Thurs:8-10:30,Sat/Sun:9-13/13-17	Sanadabori tennis court
35	Athletic Activities Alliance	Men's Tennis Team		practice tennis and strengthen our spirit, technique and body.	Mon,Wed 17-21,Fri 8-12, Sat 13-17,Sun9-13	Sanadabori ground tennis court
48	Athletic Activities Alliance	Women's Soft Tennis Club	—	We practice soft tennis with the aim of winning the league held once a half year.	Saturday 9:00~16:00	Sanada moat
49	Athletic Activities Alliance	Soft tennis club (men)	—	Practice for promotion to the Kanto League.	Weekdays 15 : 00~18 : 00, Saturdays and Sundays 9: 00-17: 00	Volleyball court
143	Unorganized	ADVANTAGE T.T.		We, Advantage TT, is a tennis circle. We usually practice tennis about 3 times per week. And we have many events like going Disney, doing party and so on.	Usually we practice at daytime in a week day. In addition, we practice or participate in tournament at Saturdays and Sundays	Sotobori Park
144	Unorganized	WALL Tennis Club	—	Tennis	1 or 2 times a week, about 2 hours each	Sarue Onshi Park Tennis Court
148	Unorganized	S.L.T.A.	—	Take tennis courts 5 days a week, and work 4 hours a day. During long holidays, go to a training camp and participate in the tournament.	3 pm to 7 pm	Ooi, Kameido, Matsudo, Sarue, Sotobori.
151	Unorganized	Smash Tennis Team		All of the members in SMASH are fully enjoying both tennis and recreation.	8:00AM – 10:00PM, 7:00PM – 9:00PM	Sotobori Park, Sarueonshi Park, Sophia University Junior College Hadano Campus
153	Unorganized	TEM Tennis Team		Playing tennis.	16:00~20:00	yoyogi,kinnsityou,ka meido
159	Unorganized	Balle Blanche T.T.		Let's make friends who live the university life together through tennis.	Weekdays 5:00 p.m. - 7:00 p.m.	Kinshicho
162	Unorganized	Penguin Tennis Team	—	Monthly event in addition to tennis	From 15:00 to 17:00	Kameido Central Park, Sarue Onshi Park
167	Unorganized	Active Tennis team	—	Playing tennis and other events	17:00-19:00	Kinshicho
169	Unorganized	Sophia University Tennis Federation		Practice, Game and Residential training	irregular	Yotsuya and Hadano
1188	Unorganized	OnceNoah		We are "OnceNoah", an official tennis circle of Sophia University	Weekdays:14:00~18:00	Tennis courts in Tokyo (mainly in Kita and Koto areas)
1324	Unorganized	DOUBLE FAULT		Soft tennis,BBQ and driving.	We act 13:00~15:00 or 17:00~19:00 twice in a month.	Sarueonshi park in Kinsi town.

Volleyball／バレーボール


Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
53	Athletic Activities Alliance	Women's Volleyball Team		We practice playing volleyball 4 days a week to win in league matches (twice a year) and regular inter-league games.	Monday&Thursday: 3:25pm-6:15pm, Wednesday: 6:15pm-9:00pm, and Saturday: 11:30am-2:30pm	Gymnasium3
54	Athletic Activities Alliance	mens volleyball club		we are enjoying and practicing to the most in order to win at matches	4 days per week (approximately 3 hours per day)	Monday, Thursday 18:15-21:00 Saturday 14:30-17:30
175	Unorganized	Volleyball Circle		We enjoy playing volleyball!	Every Wednesday and Friday from 18:30-21:00	Every Wednesday and Friday from 18:30-21:00

CULTURAL ACTIVITIES／文化活動




Art／美術

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
22	Cultural/Academic Alliance	Sophia Art Club		We are working on a leisurely and at-home in "Atelier."	Fixed activity day :once or twice in a week,once for 3 or 4 hours	place : Hoffmann Hall, Art Atelier, Room 316
1329	Unorganized	Sophia SDPing Club		We are called "Sophia Sketching, Painting and Drawing Club". We enjoy sketching, painting and drawing online, using digital and analog tools.	Thursday/17:20-, Sunday/20:00-21:30	Thursday/Classroom(We will keep you updated), Sunday/Online
1347	Unorganized	Brush	—	Let's paint and enjoy with us!	weekend and after school	class room, museum and park



Catholic／カトリック

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
205	Unorganized	Sophia University Catholic Student's Association		Taking part in mass at university and liturgy study session	Lunch break or after 5 o'clock	Catholic Jesuit Center, etc.

Cooking・Food Culture／料理・食文化

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
889	Unorganized	LACOOK		cooking session	Wed/18~21	Sport center, Chiyoda-ku
1350	Unorganized	self-catering club for LOHAS	—	to cook, learn and transmit information about healthy recipe	once a month.mainly on Saturdays or Sundays (from 10 A.M to 2 P.M.)	in TOKIYAMA SYOTEN (near Gaienme Station)
1361	Unorganized	ENTAKU ~econnect~		Having cooking activities with consideration for our health and the environment.	Once a month.	TOMOSUBA @Tokyo Yotuya
1363	Unorganized	Ramen at Sophia		go eat ramen with everyone who belongs to this circle	mainly members' free time	mainly ramen shops in Tokyo




Entertainment／エンターテイメント

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
424	Unorganized	Sophia Magic Club		Interact through magic and improve skills.	Once a week. After 4th period	Classroom in the university
490	Unorganized	Sophia Comedy Society	—	making a joke material, meeting	Thursday, Thursday 12:30~13:20	Club room, Classroom in Sophia University
1268	Unorganized	Imagine Days		Do something stupid like wearing tights.	About once a week	Classroom or outside.







Travel/旅行

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
1358	Unorganized	Sophia Homies	—	We are going to travel to many places whether in Japan or outside Japan.	Weekend, vacation	Where we can have a trip.




Game/ゲーム





Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
765	Unorganized	Sophia Chess Circle		We play and study chess.	15:30~	Hoffman hall B206
1354	Unorganized	Sophia E-sports Circle		We play many kind of online games especially FPS game.	Once a week. Activity time is basically night.	Your home. (Use internet!)
1355	Unorganized	Sophia League of Legends Circle		once or twice a week we will meet online and play League of Legends for 1-2hours	active inconsistently, meet 1 to 2 hours (mostly at night)	Online
1372	Unorganized	Sophia Game Lab	—	The lecture of developing video game for beginner	Online, in campus of Sophia, and other.	After class, break time and free time between classes

Japanese Culture/日本文化

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
12	Cultural/Academic Alliance	Tea ceremony club		We learn Japanese culture through tea ceremony.	Tuesday, Thursday 17:20-20:00	Hoffman Hall Japanese style room
98	Hobby Club Alliance	Japanese flower arrangement club		learning Ikebana of Soami-ryu	Wed 17:20~19:00	classroom of KIOI-Bill or 11Bldg mainly
420	Unorganized	IGO CLUB		We practice and enjoy IGO. IGO is the board game which was invented more than 2500 years ago.	Weekday lunch time or Empty frame	Hoffman Hall B128 or On the Internet
590	Unorganized	Sophia university Shogi Club	—	To playing shogi with club members	Free	Face to face, online
792	Cultural/Academic Alliance	Japanese calligraphy club		We work hard toward the calligraphy exhibitions in June and November. Additionally, we introduce Japanese calligraphy as one of greatest cultures in Japan.	Wednesday, Friday, and (Sunday) 13:00-18:00	Japanese-style room, Hoffmann Hall 3F
1083	Unorganized	wagokoro		We practice how to wear kimonos, which are Japanese traditional costumes.	Saturday 10 a.m.~	和室(washitu)at Hoffman hall
1343	Unorganized	Sophia University Tea ceremony club		We learn the manners and sprits of Japanese tea ceremony and enjoy Japanese traditional tea and sweets.	Monday/15:30-19:00	Hoffman hall (Washitu)

Media/メディア








Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
4	Cultural/Academic Alliance	Sophia Movie Club	—	Watching movies and shooting films.	Weekday daytime and holiday.	Class rooms, outdoors, movie theatre, studio, and restaurantes, etc.
23	Cultural/Academic Alliance	Sophia Broadcasting Circle		In addition to film production, it is the only place on campus where students can learn to make announcements.	Meetings and courses are held during the lunch break and in 5th and 6th periods. Other sessions are held irregularly.	Announcement room, borrowed classroom, etc.
123	Hobby Club Alliance	B-pro (Broadcast community)	—	video production	lunch break in every Tuesday	classroom
128	Others	Sophia Times		The only student-based newspaper at Sophia	Irregular	Building 1, a room in a basement
741	Unorganized	ARIOSO		We publish free magazine "ARIOSO" twice a year and run a web site "ARIOSO Web".	Wednesday 17:20-20:00	No.1 building

857	Unorganized	wel-bee		We share about the importance of social services,publishing free magazine and running a website.	Thursday 21:00~ at Zoom, irregular meeting face to face	Online and Yotsuya campas
1124	Unorganized	IDEE creation		fashionshow edit magazines	Every Thursday	Sophia University
1304	Unorganized	Sophia Pictures		We make films with our original screenplay and soundtracks. We also make music videos, promotion videos, and more!	Irregular	Irregular
1306	Unorganized	Sophia VTuber Society		Promotion of VTuber culture	Irregular General meeting once a month	Hoffmann Hall B-207

Photography/写真

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
15	Cultural/Academic Alliance	Sophia Photography Club		photowalks / camps / socializing event	held irregularly (often on weekends and holidays)	various locations
1283	Unorganized	Sophia Animal Photo Club		We join Federation of Japan University Photo Club(FUPC) and participate in photo sessions organized by FUPC. In summer vacation, we participate in photo match and aim for victory.	Irregularly.(About once a month)	Within the University and shooting locations in the Kanto area

Sub Culture/サブカルチャー





Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
124	Hobby Club Alliance	Sophia Comic Society		Interaction through manga and other subcultures. Creation of club magazines.	Every Wednesday at 5th period	Classrooms
878	Unorganized	Group SOS	—	Speak about your favourite sub-culture with others	Weekday lunch time	Mainly Building No.11 in Sophia University
892	Unorganized	Sophia game&Anime FJC		Cultural exchange using games in a small meeting room.	Break time, after school, holidays.	A small meeting room.
1041	Unorganized	sophia tokusatu/anime club		watching movies e.g.)summer and winter movie, visiting locations, and so on	Indeterminate	hoffman hall, movie theater, and so on
1085	Unorganized	Soohia Disney Fans		We go to Tokyo Disney Resort together and hold an event	Irregular (about once or twice a month)	Tokyo Disney Resort
1163	Unorganized	Sophia Quiz Revivals		We study quiz by quizing and answering each other.We also participate in competitions.	three days a week 17:20-20:30	In classroom, assembly hall or online
1266	Unorganized	Sophia Literature, Mystery and Acience Fiction Club	—	A reading and creation circle.	Basically, from !9:10 to 21:00.	In Yotsuya campus of Sophia University.
1327	Unorganized	VOCALCONNECT		Various activities around VOCALOID, including composition, drawing, MV production, etc.	Online (Discord): every day, Face-to-face: depending on event schedule	Online: discord, Face-to-face: on/around campus
1362	Unorganized	Abnormal literature research club		Literary studies (about abnormal parts) , reading, production of club journal, and so on.	After school	Club room, library, and so on.

Other Cultural Activities/その他文化系

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
1312	Unorganized	Sophia Traffic Club		We always welcome anyone who are interested in trains !	Every Saturday at 22:00	Zoom meeting
1367	Unorganized	Takarazuka Revue club		Share our love for Takarazuka Revue.	anytime. (basically lunchitime)	campus, theater



EVENT PLANNING ACTIVITIES / イベント企画運営

Event Planning for Major Events and Festivals / イベント企画運営

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
310	Unorganized	Sophia Xpress		Official Student Body Circle of FLA	Monday Lunch 12:50-13:20	Building 11 - 719
620	Others	Sophia Festival Executive Committee	—	Running 2022 Sophia Festival	Friday/5th period (general meeting)	11th Building (general meeting)
756	Others	executive committee of Jonan classic		【確認中】	【確認中】	【確認中】
906	Unorganized	nexnect		We plan events which are held at Sophia University, such as Sophia Yukataday, Autumn Freshamweek, and Christmasweek. To do so, we have regular meetings once or twice a week.	lunch time/ 5th period	classroom
1317	Unorganized	TEDxSophia University		We organize a TEDx event at Sophia University	an hour a week, during lunch break/at night	classrooms at Sophia University/ online meeting
1337	Unorganized	Johnan Meets project team	—	Plannning events and social gatherings operation.	Twice a month 21:30~ (Once a week between the month of February and July)	zoom









Students Representatives / 学生代表組織

Students Representatives / 学生代表組織




Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
1	Others	Representative committee	—	Management of Hoffman Hall and extracurricular clubs.	Unspecified	HH221
25	Athletic Activities Alliance	Sophia Athletes Association		Sophia Athletes Association offers every athletic club for environment to let them do activities smoothly. Our activity is based on the "Sophia Athletes Association regulation" therefore we support them through negotiating with every club. In addition to be supporting them, now we seek to announce Sophia Athletes inside and outside the university.	All year round	Athlete Association headquarter, ground floor of "hoffman hole building"
67	Music Activities Committee	Music Activities Committie		Have meetings regularly to prepare for concerts	Wednesday or Thursday during the lunch break	Kioi building or No. 11 building
79	Theatrical Activities Committee	Theater Association Headquarters	—	Supervision of organizations affiliated with the Theater Association	Weekdays 17:20~21:00	Theater Association Headquarters room

INTERNATIONAL ACTIVITIES / 国際交流活動

International Communication / 国際交流







Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
100	Hobby Club Alliance	SISEC		Get connected with exchange students and other students from Sophia through various kinds of events	Mainly a few hours on Saturday or Sunday. Two or three times in a month	Depend on the event but mostly at a rental space in Tokyo
344	Unorganized	SCSSA	—	Introduction of Chinese culture, Chinese language classes, exchange with other universities	2-3 times a week	Sophia university
425	Unorganized	SOPHIA KOREAN STUDENT ASSOCIATION		We provide support to Korean students in Sophia University	Undecided (detailed information will be provided before each event)	Undecided (detailed information will be provided before each event)
669	Unorganized	Deutscher Ring		German study meeting, German movie watching, Talking with German exchange students	Irregular	In the campus or outside of it
720	Unorganized	Japanese Russian Student Exchange Society(Sophia)		Exchange with Russian-speaking students, cookouts, movie party etc...	Irregular	Various places in Tokyo and online
1053	Unorganized	Lingwave		We do international exchange using English and other languages.	Once a week	On campus
1191	Unorganized	Japan Russia Student Conference		We hold a conference every summer and discuss global issues with Russian students. Our goal is to make Japan-Russia relation more develop and to deepen mutual understanding.	Every Saturdays at 13:00 to 17:00	We will hold Study Day online.
1326	Unorganized	Southeast Asian Society in Sophia (SEAS Sophia)		The platform for engagement, empowerment, and cultural exchange between Southeast Asians and all Sophians	lunch period	university classroom (upon reservation)
1349	Unorganized	Japanese American Student Association		We provide a community for Americans on campus and host events such as Thanksgiving dinner, Halloween, etc.	Every Tuesday lunch 12:45- 13:20	Building 11 (Room # changes every week)

International Language / 外国語












Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
5	Cultural/Academic Alliance	English Speaking Society		It is one of the largest circle that provides practical English activities.	It depends on sections.	Classroom in Sophia University.
282	Unorganized	The Association of students, graduates and professors of the Department of		We hold a lot of events for students of the Department of Hispanic Studies.	Irregularly	Bldg.No.2,815b
565	Unorganized	Sophia Debating Society		Enjoy debating & Get skill !	Monday & Friday 17:30~	classroom or Zoom
723	Unorganized	Russian theatre club	—	We perform the Russian dramas in Russian.	1~3 times, per week. pm.17:20~19:00	Sophia University
1082	Unorganized	Sophia University French Club	—	Hold French events and meetups for students in French department.	Depends on the events	Building 1, Off-Campus
1247	Unorganized	French Drama Club La Congère	—	This circle performs theatre in French.	irregular activities	2-730
1309	Unorganized	German theater club	—	Preparation of a elected drama.	Wed. the 5th period (17:20~19:00)	Building 10 Lecture Hall




MUSIC ACTIVITIES / 音楽

Chorus / コーラス

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
70	Music Activities Committee	Sophia Glee Club		Singing and listening male choir songs with members regardless of whose gender, birthplace and grade.	Every Monday(17:20~20:00) and Saturday(13:00~17:00)	Building No.11
71	Music Activities Committee	The Philharmonic Chorus Amadeus Chor		Towards the concert twice a year, we have practice three times a week.	TUE,WED,FRI / 17:20-20:20	11 number bulding
78	Unorganized	Sophia Choir		singing in chorus, performance at school event, Masses etc.	Mon.~Fry.: 12:35~13:15 / Mon. and Thu. 17:20~20:00	Bldg. No.1, No.11, B2F(No.4/No.3)
195	Unorganized	SAfro Family		SAfro FAmily is an intercollegiate gospel group which consists of circa 100 members. We hold live concerts twice a year. Come join and sing with us!	Sophia University campus grounds or rehearsal studios around Tokyo area.	Monday's & Wednesday's: 5:20 pm - 8:20 pm Saturday's: 1:00 pm - 5:00 pm
702	Unorganized	L'arbre de harmonie		Our circle has a general meeting once in a week. And we have a huge cappella live in twice a year.	5th and 6th period every Wednesday, practice at any time for each band	On-campus classroom, Hoffmann Hall shared conference room
1086	Unorganized	SAfroOBOG	—	Aluminum's of SAfro Family will be reuniting to perform gospel music!	Practice dates: Tuesdays Thursdays Fridays and Sundays	Practice rooms: 11th building
1373	Unorganized	Sophia Opera Association (SOA)		Have fun learning singing opera study the culture also were going to do musical too	inside Sophia univeristy campus	Weekdays 5th and 6th term




Instrumental Music / 音楽

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
3	Cultural/Academic Alliance	American Music Association		A copy band circle of various genres.	5 times a week	Building #11 Underground Music Practice Room
16	Cultural/Academic Alliance	Sophia Jazz Society		Session activities on campus and regular concerts outside	Every Wednesday or Friday from 17:30 to 20:30	Building 11 Underground Music Practice Room 9B / 9C
20	Cultural/Academic Alliance	Brazilian Music Club		Our Latin American Study Group is a club that plays Brazilian music! Brazilian music isn't just flashy like Rio's Samba Carnival! There is also MPB,Brazilian pop music,and rhythmic bossa nova.	Wednesday/17:30~20:30 and Saturday/13:30~17:30	music practice room in the B2 floor of the building No.11
68	Music Activities Committee	Sophia Philharmonic Orchestra		The only orchestra group on campus	We practice every Wednesday from 5pm and Saturday from 1pm.	Building 11, B2F, 2nd Music Practice Room
69	Music Activities Committee	Sophia Guitar Ensemble		Peformed in 5 parts. Participation and sponsorship of concerts.	Wednesday 5th period & 6th period, Saturday 3rd period & 4th period	Building No.11 or No.14
72	Music Activities Committee	Sophia Concert Band		Sophia Concert Band(SCB) is a wind orchestra circle. We have three big concert a year.	Wed 17:30-20:00 Sat 11:00-17:00	B2F,Bldg.No.11(No.4)
73	Music Activities Committee	Sophia Marching Band		btass band, performing various kind of music	Fri(17:00-21:00), Sat(16:00-20:00)	3rd music room of building 11
74	Music Activities Committee	Sophia Sokyoku Club		We practice and perform Sokyoku (Japanese traditional music) with three instruments - koto,shamisen and shakuhachi. There is one annual concert in December.	Mondays & Thursdays, 17:20-20:10.	11th building, 3rd floor
75	Music Activities Committee	Sophia Mandolino	—	We are the mandoline orchestra.	Wed,Fri 17:20-20:00 Sut	11th building
76	Music Activities Committee	New Swing Jazz Orchestra		The only big band circle plying jazz in Sophia University.	Tue.Thu. 17:20~20:20, Sat. 13:00~16:00	Sophia univ. Building No.11 B2 The music practice room No.1
77	Music Activities Committee	Folksong Lovers		Band performance(LIVE), practicing, and training camp	meeting(weekly), LIVE(about monthly)	campus practice room/ external live house/ studios
194	Unorganized	band club		We form a band and play music which each member likes.	Every Friday/Lunch period	Practice Room 8C


252	Unorganized	Sophia Piano Society		concerts, events, meetings	12:35-13:30 (meetings), irregular (others)	Sophia university, facilities
1109	Unorganized	Sophia Handbell Choir		We are the only handbell circle in Sophia University.	We practice twice a week from 7pm to 9pm.	Practice is held at Hoffman Hall.
1232	Unorganized	Acoustic Studio		We sing songs with various musical instrument. We give a concert once every two months. You can play acoustic guitar, keyboard, cajon and so on.	Basically, 6 or 7 days in a week.	11Bldg.

THEATRICAL ACTIVITIES / 演劇

Drama Performance / 演劇パフォーマンス





Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
80	Theatrical Activities Committee	Engeki Kenkyuukai		we play theater performances and make the stages.	after school 17~21 weekend 13~18	Auditorium of the first building.
81	Theatrical Activities Committee	Gekidan Little Square	—	We put on theater performances about six times a year in the auditorium of Building 1 and classrooms.	weekday:pm5-9, Saturday:am9-pm8, Sunday:am9-pm7	Building No.1 auditorium,Bldg 11 Classrooms,Theater Atelier
82	Theatrical Activities Committee	Gekidan Euphoria!	—	We support the performance of drama and dance which are given at first buildings auditorium in the role of lighting.	Time of extracurricular activities.	Auditorium at Bldg. 1.
83	Theatrical Activities Committee	Theatre Company Kanransha		We create stages and plays performed in Japanese.	Irregularly(Basically after school)	Auditorium (Theatre) in 1st building , classrooms in 11th building
1010	Unorganized	Sophia Shakespeare Company		The Sofia Shakespeare Company aims to produce the play Macbeth by William Shakespeare in December in 2022, acted entirely in its original English format.	Rehearsals will be held every Thursdays, from 17:20 to 20:50. Additional rehearsals will be held as needed.	Rehearsals will be held in room 2-915.
1336	Unorganized	Curtain Call	—	Musical	Uncertain	Sophia University Classroom / Facilities in Tokyo















Musical / ミュージカル

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
580	Unorganized	Masquerade		We are a circle performing musicals.	The basic hours are Wednesday 5pm to 9pm and Sunday 9am to	Mainly Sophia University.

VOLUNTEER ACTIVITIES / ボランティア
















Volunteer / ボランティア















Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
2	Cultural/Academic Alliance	Don Quixote		volunteer group which members interact with children in orphanage or childcare facility	after school	orphanage, childcare facility, elementary school
10	Cultural/Academic Alliance	AIIESEC Sophia		We plan and operate projects for cross-cultural understanding.	3 times a week, 5~10 hours or more	On-campus classroom and online Zoom
24	Cultural/Academic Alliance	Wakatake Club	—	We play with handicapped child.	Every other Saturday	Aburamen Elementary School
106	Hobby Club Alliance	Sophia Sign Language Club		We are practicing Japanese sign language in lunch break	Lunch break(12:50~13:20)	Mainly at Buiding number1, 11, and Kioi Building
125	Hobby Club Alliance	MEGUKO-Action for the Self-Reliance of Children in Asia-		We're introducing a scholarship system to support primary school students in India and Phillipins.	Monday's lunch time etc.	classroom at Sophia Universty

227	Unorganized	STP (Summer Teaching Program)	—	We teach English to the children in each place in summer.	5th period on Tuesdays	Classroom in Sophia University
446	Unorganized	AshA		Once a year, we go to Kolkata to hand CCD the money and observe the situation in the schools we fund.	Every Wednesday	Sophia uni. or Online
828	Unorganized	Sophia rovers		Beginners are welcome. You can act scouting unique to Sophia University!	Meetings are 5th hours weekdays, and activities are Saturdays and Sundays.□	Mainly on the campus of Sophia University.
898	Unorganized	Habitat for Humanity - Sophia University		Build houses in other counties on summer vacation. Other volunteer activities.	Every Thursday lunch time	Class room (Mainly building No.1)
936	Unorganized	CeeK		We visit children in Cambodia once a year and aim to bring smiles to their faces. we collect clothes, pens, and tooth brushes to hand out to the children.	every Thursday/17:20-19:30	Sophia University
955	Unorganized	Sophia Volunteer Network	—	volunteering work in Japan, with specific focus on devastated area	a meeting per week and several volunteering event in a month	constant changes of the location of the volunteering work
1217	Unorganized	MLT kodomo project		Provide learning support and dietary education support to children in need	Every Thursday	Misakicho fureai salon
1219	Unorganized	Student non-government organization		We are a student NGO working in Timor-Leste.	Every Thursday 19:00~20:00	At Sophia University (May be ZOOM)
1233	Unorganized	ASANTEPROJECT		Educational volunteering in Tanzania and the spread of positive images of Africa	Weekly meeting on Tuesdays from 12:35~13:30	Sophia University Yotsuya Campus
1248	Unorganized	STEP UP! (study support)		WE TEACH CHILDREN WHO CANNOT ATTEND CRAM SCHOOL DUE TO FAMILY CIRCUMSTANCES STUDY FREE OF CHARGE.	EVERY SATURDAY 16:00~18:30	ONLINE
1270	Unorganized	Sophia Refugee Support Group		Providing assistance to refugees in Japan and understanding the multifaceted refugee issue	Every week Friday lunchtimes (12:45~13:25)	Hyflex (on campus and on Zoom)
1296	Unorganized	BOND - Foreign Workers And Refugees Support Group - Sophia University Branch		Events on Refugee and Migrant Issues, Translation	Regular MTG every Monday from 19:00 and Study meetings during lunch break	Online or empty classroom on campus
1310	Unorganized	teraco		We are volunteering for teaching study students.	You can activate in your schedule one hours in a week.	We activate in Sophia university, Chiyoda city and home.
1333	Unorganized	purari	—	engage people who aren't interested in environmental issues	lunch time/irregular	irregular
1335	Unorganized	BRIDGE~a small step for others by gen Z		We are a volunteer organization that supports Myanmar.	Meeting is once a week	online (ZOOM)
1332	Unorganized	Sircle		We contribute to the society and the community through soccer, specifically by participating in volunteer activities and conveying the cultural values and social significance	The frequency of activities varies depending on which department you will belong to in the future.	We will do activities mainly online. Face-to-face activities will be conducted as needed, such as when we run or participate in events.
1359	Unorganized	Sophia Olympics and Paralympics Students Project "Go Beyond"		Holding para-sports experience meetings for the purpose of understanding diversity.	Holding meeting once a week and events on weekend	Sophia University and outside the university
1374	Unorganized	Takers	—	volunteering for kids, animals and the environment	Zoom/ TOMOSUBA Tokyo Yotuya Shop	Every Friday from 6pm to 7pm



STUDY ACTIVITIES / 学問

Academic study / 学術・学問

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
110	Hobby Club Alliance	Sophia Jurist Club		Interested or currently studying Law? You're welcome!	From time to time.	Classroom, Hoffman Hall
231	Unorganized	Japan Model United Nations Yotsuya Branch		Model United Nation is a simulation of real life United Nations. Students play a role as a delegate of a country or an international organization.	On thursdays, from 6 p.m. to 8 p.m.	Building 11-221 or National Olympics Memorial Youth Center
236	Unorganized	Tozaibunka study club	—	discussion about SDG's	Wednesday PM12:40 to PM1:15	Online(Zoom)
358	Unorganized	Sophia International Law Club	—	We will learn international law through the activity of moot court. We participate in international law moot competitions, including the most famous Phillip C. Jessup Cup.	Wednesday, Friday	Hoffman Hall
512	Unorganized	Sophian Kirusutosya Gakusei Kai		We read the Bible and share feelings and understandings and pray for each other.	Irregular (many members get together once a week)	•club room 'B223' at Hoffmann Hall B2 •cafeterias of Sophia University
812	Unorganized	TFT Sophia		we pursue solving food imbalance that happens in the world	we have meetings at lunch time once or twice a week	in a classroom designated in advance
837	Unorganized	Sophia Sustainable Coffee Movement		Study and spread information about coffee and cafes. Open a coffee booth at the Sophia Festival.	Three times a month.(Saturday or Sunday)	Japan/depends on the event.
869	Unorganized	Astronomical Observation Club	—	Astronomical observation	Planetarium	classrooms at Sophia university
1173	Unorganized	Sophia Teaching Society	—	Practice for teacher's employment tests	indeterminate	online, an empty classroom
1186	Unorganized	KASA Sustainability		We explore the interconnected nature of socio-ecological relations and engage in a wide range of initiatives from campus farming and composting to organizing workshops and forums.	2~3 times a month	Yotsuya campus & online (depends on the activity)
1222	Unorganized	Verdure Law Circle	—	study meeting	midterm and end of term	online
1258	Unorganized	Sophia Electronics Lab		We are a club for geeks who love computer science or electrical engineering. Every member can get involved in many activities to improve his/her own skills.	17:15~20:00 on weekdays, irregular activities on weekends	Hoffmann Hall B205, classrooms, and Discord server
1262	Unorganized	Community of Academic Diversity		Let`s discuss various topics and deepen your education	Thursday 19:10	contact each time
1267	Unorganized	Policy Making Contest for Students GEIL		Student organization GEIL, established in 1998, is an organization that holds policy making contests.	Friday 19:00~21:00	online
1279	Unorganized	Speak Up Sophia		We are working to promote the importance of sexual consent both in and out of university.	Regular meeting twice a month (Tuesdays & Saturdays) + other events.	online and in person
1284	Unorganized	Peacebuilding and International Cooperation		We study international relations and peacebuilding with Prof. Daisaku Higashi.	6th period (19:10-20:50) on last Monday in each month	classroom, zoom
1311	Unorganized	SOMA		We are studying about AI.	4 hours per a week	around sophia
1313	Unorganized	Green Sophia		We encourage each other to learn about and take action for a better environment.	Weekly Meeting(Monday at 19:30-21:00)	Online: Zoom, Offline: Depends on each event
1316	Unorganized	Beauty circle Belleza		Exchanging information about makeup, fashion, hairstyle and so on	once a month	at a café or a rental space zoom
1325	Unorganized	Gender Equality for Sophia		Organizing events and planning projects for gender equality on campus.	Twice a month + once a week (date will change each semester)	Online

1331	Unorganized	Equity		A space to learn and discuss issues of discrimination	English meetings will be held on Fridays on third week of the month (仮)	Online meetings via Zoom
1334	Unorganized	Amici Historiae	—	A book club with a focus on historical books.	Every Friday from 17:20 to 20:00	Jochi Kioizaka Bldg, etc.
1339	Unorganized	Voice up Japan Sophia branch		Aiding in creating a space where Sophia University students become interested in domestic/international social issues, and are able to learn and discuss about them freely.	2~3 times a week	Sophia University / ZOOM (Online)
1344	Unorganized	Sophia Poetry Club		Appreciation and creation of poem and tanka.	Undecided	Online and Classroom in the campus
1351	Unorganized	NAMIMATI (Sophia University Branch)		Generation Z platform to tackle social issues	Irregular	Mainly Tokyo, Kanagawa
1352	Unorganized	Pearl		Beauty circle that works with your own beauty as your motto	Irregular	Sophia University
1353	Unorganized	Sophia Data Tech		Learning Data Science Together	About 2 days a week, irregular depending on the semester	Held in school or online
1357	Unorganized	University Innovation Fellows Sophia		Organization for those participating in the UIF program.	2~3 days per week, mostly at night	conducted online
1360	Unorganized	Reduce Child Soldiers and Labor		Sharing about fair trade products, holding workshops and study group	On Tuesday from 9 p.m. and Thursday from 11 a.m. every other week	On Tuesday online and Thursday face to face (Places haven't decided yet)
1364	Unorganized	Sophia Vegan Society		We do activities based on the concept of "sustainable food choices."	Once or twice a month, on a weekend or a Wednesday	At Sophia University, or around Sophia University
1365	Unorganized	Sophia University Clothing Club		Conducting street surveys and producing a club magazine, as well as holding regular social events.	Irregular	Sophia University, museums, etc.
1366	Unorganized	Sophia Debate Society	—	Debating and discussions, sometime making a speech.	Ones a week (flex).	Online and face-to-face.
1370	Unorganized	CocoEco		In order to raise environmental awareness in Japanese society, we make contents about complexed issues in a fun and positive way through media.	Online.	An hour weekly meeting online and additional about two hours for outside work.
1375	Unorganized	Sophia university classical music club	—	We listen to classical music and film score, and talk about it .	classroom	once or twice a week
1376	Unorganized	The study group of Slavic and Eurasia region		Discussing about Russia, East Europe and Central Asia regions	Classroom	Wednesday, 17:20~18:30
1379	Unorganized	Sophia University Faculty of Fried Chicken		Let's eat and learn about fried chicken together!	Karaage restaurants or rental kitchen space near campus.	Occasionally (at least once a month)
1380	Unorganized	Sophia Literature Club		Book Club	Club jornal production	Bibliobattle

Business Study & Career Development Support / ビジネス研究 & キャリア支援

Club Code	Category	Club Name	SNS HP	Activity	Date/Time	Place
1190	Unorganized	SVO(Sophia Vocational Opportunity)		It is a circle that provides a place for vocational training and interaction with working people.	9:00-17:00 on weekdays	Office near the Shinjuku-Gyoenmae station
1330	Unorganized	Sophia student entrepreneur club		Exchanging ideas and having discussions of starting a business ,holding a pre-business contest,participating the real business contest	Once a week/undecided	Online,classroom