

Application Guide for Sophia University Exchange Program

INDEX

1. Gather Information & Decide which Program/Department to Apply for.....	2
1.1 Check our FACT SHEET	2
1.1.1 Restrictions and obligation of the Sophia's Exchange Program.....	2
1.2 Create Your Study Plan	2
1.2.1 Decide which program / department you apply for and make the "List of Courses You Expect to Take at Sophia"	2
1.2.2 Restrictions and regulations of the course registration.....	2
1.3 Check and Prepare Application Documents.....	2
2. About Sophia Go Global Portal.....	2
2.1 Log-in account, password and URL	3
2.2 Log-in & Password change.....	3
3. Online Application Form and Documents Submission	5
3.1 Input Procedure	5
3.2 Input your Study Plan	7
3.3 Confirmation and creating an Application PDF	8
3.4 Complete the Application Form	9
3.5 Uploading the created Application PDF.....	10
4. Upload Other Application Documents.....	10
5. Housing Application	11
6. Finalize Application Documents Submission	12
7. Step 6: Application Review and Acceptance Notice	12
8. Step 7: Certificate of Eligibility (COE).....	12
9. Step 8: Arrival Information.....	13
10. Contact.....	13

1. Gather Information & Decide which Program/Department to Apply for

1.1 Check our FACT SHEET

<https://piloti.sophia.ac.jp/eng/studyabroad/exchangeprograms/>

All basic information is written in this FACT SHEET.

1.1.1 Qualifications and obligation of the Sophia's Exchange Program

https://piloti.sophia.ac.jp/eng/studyabroad/exchangeprograms/application_info/qualification/

1.2 Create Your Study Plan

1.2.1 Decide which program / department you apply for and make the "List of Courses You Expect to Take at Sophia"

You must specify the semester and the department/ graduate program for which you are applying for.

You can refer to the course information (Bulletin and Syllabus) on the website.

https://piloti.sophia.ac.jp/eng/studyabroad/exchangeprograms/course_info/

We recommend you take note of the names of the courses and their registration codes, as you will need to fill out that information in the application form.

Please note that there are restrictions of the course registration, because of exchange students, and as well as depending on which program / department you apply for.

1.2.2 Restrictions and regulations of the course registration

https://piloti.sophia.ac.jp/eng/studyabroad/exchangeprograms/application_info/registration/

1.3 Check and Prepare Application Documents

Prepare application documents that are required by the program/department of your choice.

https://piloti.sophia.ac.jp/eng/studyabroad/exchangeprograms/application_info/application_materials/

Please also refer to the following web page for FAQ for application (the page will be updated).

https://piloti.sophia.ac.jp/eng/studyabroad/exchangeprograms/application_info/application_faqs/

2. About Sophia Go Global Portal

Basically, you are expected to submit all of your application documents except COE application documents in Sophia Go Global Portal.

2.1 Log-in account, password and URL

Log-in account, password and URL for Sophia Go Global Portal will be sent to each student via email once the online nomination is completed by the home institute.

Dear TARO JOCHI,

Greetings from Sophia University!

You are nominated to our exchange program at Sophia University in Autumn Semester 2019, Spring Semester 2020.

Your can access the online application at the following website using your log-in information below:

<https://scs.cl.sophia.ac.jp/campusssa/>

Username: FA19001

Password:

2.2 Log-in & Password change

Go to the designated URL and log-in with ID and password.

 **上智大学**
SOPHIA UNIVERSITY



Username:

Password:

LOGIN

This system is designed to work with the following browsers:

- Internet Explorer 8.0 or above
- Mozilla Firefox
- Safari
- Google Chrome

After logging-in, the page will show your current application status.

The screenshot shows the 'Study Abroad Progress' page. At the top, there are two tabs: 'Study Abroad Progress' (active) and 'Basic Information'. Below the tabs, a teal banner reads 'Study Abroad Progress'. The main content area starts with a greeting 'Hello!' and a message to check the progress of study abroad at SOPHIA. It includes instructions to read application information and submit the online application form with PDFs. A progress bar shows three steps: '1.Application>' (active), '2.Evaluation>', and '3.Acceptance'. Below this is the section 'Application Documents Submission／留学申請書類の提出'. It contains instructions to finalize the submission and a button 'Finalize Application Documents Submission'. A status box indicates 'Submit Online Application* : Online Application Incomplete (Deadline: 2023/04/10)'. A table lists three documents: 'Application Form (PDF)*', 'Letter of academic recommendation*', and 'Official academic transcript(s)*'. Each document has a status of 'Incomplete', a 'Browse...' button, and an 'Upload' button.

Document	Status	Action
Application Form (PDF)*	Incomplete	Browse... No file selected. Upload
Letter of academic recommendation*	Incomplete	Browse... No file selected. Upload
Official academic transcript(s)*	Incomplete	Browse... No file selected. Upload

If you would like to change your password, please click “Basic Information.”

Please do not forget your password!!

The screenshot shows the 'Basic Information' page. At the top, there are two tabs: 'Study Abroad Progress' and 'Basic Information' (active). Below the tabs, a teal banner reads 'Basic Information'. The main content area is titled 'PERSONAL INFORMATION'. It contains a form with several fields: 'Name (EN)', 'Nomination', 'Period of Study Abroad', 'Autumn Semester 2019', 'Spring Semester 2020', 'ID', 'FA19001', 'Current Password', 'New Password', and 'New Password (Confirm)'. The 'ID' field is highlighted with an orange box, and the 'Current Password', 'New Password', and 'New Password (Confirm)' fields are also highlighted with an orange box.

Field	Value
Name (EN)	
Nomination	
Period of Study Abroad	Autumn Semester 2019 Spring Semester 2020
ID	FA19001
Current Password	
New Password	
New Password (Confirm)	

3. Online Application Form and Documents Submission

3.1 Input Procedure

In this application form, you will input basic and important information such as

- Personal Information (Name, Birth Date, Nationality)
- Contact Information (Current and Emergency Contact)
- Current Academic Information
- Academic Background
- Study Plan (Program / Department, List of Courses You Expect to Take at Sophia)
- Other Information
- Personal Statement and Applicant Survey

You may save your current data at any time until you submit an Application Form.

Click “Online Application” on the “Study Abroad Progress.”

Study Abroad Progress Basic Information

Study Abroad Progress

Hello!

Check the progress of your study abroad at SOPHIA below:

Before you start your application, please read all the application information on our web page [here](#).

Once complete the online application form, applicants are required to submit "online application PDF" and upload their ap

1.Application> 2.Evaluation> 3.Acceptance

Application Documents Submission / 留学申請書類の提出

In order to Finalize Application Documents Submission, press the button.
After pressing the button, your Application Documents will be locked and sent to the pre-check 8

Finalize Application Documents Submission

Submit Online Application* [Online Application](#) Incomplete (Deadline: 2023/04/10)

Application Form (PDF)* Incomplete
Browse... No file selected.

There are 8 pages in total. Please fill in all the required information.

1. PERSONAL INFORMATION

*This question requires an answer.

Page1>

Page2>

Page3>

Page4>

Page5>

Page6>

Page7>

Page8>

Confirm>

Submit

Status: Incomplete (Your application has not been submitted yet)

NAME IN ENGLISH Spelling and order of names must be exactly as shown at the bottom of the photo page of your passport. (e.g. For P>JPNJOCHI>>SOPHIKO>JANE>>>>>>>>>, the last name is JOCHI, first name is SOPHIKO and middle name is JANE.)

Name in Alphabet アルファベット氏名

Your name will be automatically converted to capital letters. 入力した氏名は大文字に自動変換されます。

Last(姓)*

JOCHI

First(名)*

TARO

3.2 Input your Study Plan

On Page 5, you will be required to choose a program which you wish to be enrolled at Sophia.

If you wish to take courses (including Japanese language courses) from the Faculty of Liberal Arts, please choose “English-Taught Program,” “Undergraduate,” and “Faculty of Liberal Arts.”

Applicants for German-Japanese Exchange Program, please choose “German-Japanese Exchange Program” and “Undergraduate” / “DEPARTMENT OF GERMAN STUDIES”.

For students from Heinrich Heine University Duesseldorf applying for the Department of German Literature, please choose the DEPARTMENT OF GERMAN LITERATURE here.

Online Application

5. STUDY PLAN

Page1> Page2> Page3> Page4> Page5> Page6> Page7> Page8> Confirm> Submit

Status: Incomplete (Your application has not been submitted yet)

Program プログラム*

☐ Japanese-Taught Program 日本語受入
☒ English-Taught Program 英語受入
☐ SAIMS
☐ LAP
☐ German-Japanese Exchange Program ドイツ語学科在外展修

Department / Graduate Program 学科・専攻*

☐ Graduate 大学院
☒ Undergraduate 学部

GREEN SCIENCE COURSE
GREEN ENGINEERING COURSE
DEPARTMENT OF LIBERAL ARTS

On Page 5, you also need to choose courses you wish to take at Sophia. Please read the instructions carefully and fill in the registration code and title. You can search for course details using the syllabus inquiry.

Autumn Semester 2022 Syllabus Inquiry シラバス検索

Course Code Course Title

AANT3020 * HUMAN ECOLOGY: RIVERS 1 *

FGS71500 Intercultural Communication 2

Syllabus inquiry [LOYOLA] - Google Chrome

scs.cl.sophia.ac.jp/campusweb/campussquare.do?_flowExecutionKey=c7075D612-EAE3-F7DA-4B93-D9C4A0617BE0_k...

Syllabus inquiry / Search Results

Shows search results from 1 results of 100 results (total of 178 results)

Search results: << previous page 1 2 next page >>

No.	Semester	Term Offered	Date/Time	Registration Code	Course Title	Instructor	Inq
1	SPRING	SPRING	Mon1	AANT3020	HUMAN ECOLOGY: RIVERS 1		Inq
2	SPRING	SPRING	Mon1, Thu1	AANT3100	RESEARCH METHODS IN ANTHROPOLOGY		Inq
3	SPRING	SPRING	Mon1, Thu1	AART4610	SEMINAR IN ART HISTORY 1		Inq
4	SPRING	SPRING	Mon1, Thu1	AENG111A	ENGLISH COMPOSITION 1		Inq
5	SPRING	SPRING	Mon1, Thu1	AGEO2020	GEOGRAPHY		Inq

3.3 Confirmation and Submit

If you complete other documents, go back to Online Application Form page 8, and click “Confirm and Print”.

8. APPLICATION CHECKLIST

*This question requires an answer.

Page1>	Page2>	Page3>	Page4>	Page5>	Page6>	Page7>	Page8>	Confirm>	Submit
--------	--------	--------	--------	--------	--------	--------	--------	----------	--------

Status: Not Available

Autumn Semester 2024 Exchange Program Application Check List*

Documents to be submitted

- ☐ *Letter of academic recommendation (Form provided)
- ☐ *Official academic transcript(s)
- ☐ List of Courses Currently Enrolled (if not listed on the transcript)
- ☐ TOEFL / IELTS(Academic) / TOEIC official test report
(for ALL applicants from non-English-speaking institutions applying for English-taught program)
- ☐ JLPT official test report (only for applicants applying for Japanese taught program)
- ☐ *Certificate of Health (form provided)
- ☐ *Digital color photo (length 4cm × width 3cm, white background)
- ☐ *Photocopy of passport
- ☐ Essay explaining motivation and academic background for GPGS courses
(only for applicants applying for the Graduate Program in Global Studies)
- ☐ *Housing Application

When you click "Confirm & Print" or "Previous Page" the information you entered into this form will be saved automatically.

< Previous Page	Save	Confirm & Print >
-----------------	------	-------------------

On the confirmation page, you can preview the information you have filled in. Please agree to the articles of pledge and the processing of personal data.

I. Pledge 誓約

I have carefully read and agree to the following articles and hereby state my wish to participate in the Sophia Exchange Program. I promise to follow the laws and regulations of Japan as well as the instructions from Sophia University, be cooperative with other participants, and to work hard until the completion of the Program. I will be responsible for my conducts and will not withdraw from the Program. In case of any violation on the matters stated in the Pledge, I understand that Sophia University has the right to cancel my participation in the program, and agree to fully comply with the decision made by Sophia University without any complaints.

私は、下記の誓約事項について熟読し同意した上で上智大学の交換留学プログラムへの参加を希望します。参加する際には、期間終了まで勉学に精励することを誓約し、他の参加者に迷惑をかけることは慎むとともに日本の法令および上智大学の規則を遵守したうえで責任を持って行動します。なお、誓約事項に反したことにより、留学資格が取り消された場合であっても、異議を申し立てないことに同意します。

II. Consent to the Processing of Personal Data 個人データの取扱いに関する同意

Sophia University shall process Personal Data in compliance with the laws and regulations of Japan pertaining to the protection of personal information and the EU General Data Protection Regulation (GDPR; Regulation (EU) 2016/679).

After reading the “Sophia School Corporation Privacy Policy” (for International Students) (http://www.sophia.ac.jp/eng/admissions/exchangeprograms/application_info/privacypolicy.html), if you consent to the processing of your Personal Data by the University, kindly check the box below.

本学は、留学のために提出書類等に記載された個人データの取扱いについて、個人情報の保護に関する日本国の法令、EU一般データ保護規則第2016/679号（General Data Protection Regulation : GDPR）等を選択し取り扱います。
「上智学院プライバシーポリシー（留学生対象）」
(http://www.sophia.ac.jp/eng/admissions/exchangeprograms/application_info/privacypolicy.html) の内容を確認した上で、本学による個人データの取扱いに同意される場合は、以下のボックスにチェックを入れてください。

☒ I hereby promise about the articles of Pledge (I). Also, I confirm that I have read above policy (II), understood it fully, and consent to the processing of my Personal Data.
1の内容について誓約します。また、上記のポリシー（II）のすべてをよく読み、完全に理解したうえで、個人情報の取扱いについて同意します。

To complete the online application form, click “Submit”.

< Previous Page	Print	Submit >
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DO NOT FORGET TO CLICK “SUBMIT!!”

*If you would like to keep the application form with you, please click on the “Print” button.

When you click “Print”, a PDF file “OnlineApplication.pdf” is created. You can open and save the file. Please upload the PDF file through the portal together with other required documents.

Printをクリックすると、OnlineApplication.pdfというPDFファイルが生成されます。このフォームを他の必要書類と一緒にポータル上でアップロードしてください。

< Previous Page	Print	Submit >
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A file named “OnlineApplication.pdf” (2 pages) is downloaded in PDF format.

Academic Year 2019 (Application Period: March 01 - April 10, 2019)		上智大学 SOPHIA UNIVERSITY	
Sophia University (上智大学) APPLICATION FORM FOR EXCHANGE PROGRAM (交換留学願書)			
Semester(s) 留学期間	Autumn Semester 2019		
Program プログラム	English-Taught Program 英語授入		
Department / Graduate Program 学部・専攻	Undergraduate 学部 DEPARTMENT OF LIBERAL ARTS		
Name in Alphabet アルファベット氏名	MAKI	HAYASAKA	
Name in Kanji 漢字氏名			
Sex 性別	F	Birth Date 生年月日	2000/12/03
Country of Citizenship 国籍	Nationality 1: <input checked="" type="checkbox"/> JAPAN Nationality 2: <input type="checkbox"/> If you hold dual citizenship, indicate both. Then check the one you would use to enter Japan. If you hold dual citizenship including Japan, you must use Japanese nationality.		
Birth Place 出生地	Paris	City 市	FRANCE Country 国
Home University 出身大学	Seattle University	Major 専攻	test
Expected Graduation 卒業見込年月	2021 08	Degree to be awarded 取得見込学位	Bachelor
Health Conditions 病状・多発病状			
Japanese Language Study Background 日本語学習経歴	Yes		
List of Courses You Expect to Take at Sophia 上智大学で履修を希望する科目を列挙して下さい			
Autumn Semester 2019			
Course Code	Course Title	Course Code	Course Title
test	test		

上智大学 SOPHIA UNIVERSITY	
Academic Purpose Essay エッセイ	
test	
Character カウント 4	
Promise 誓約	
<p>私は、別途提供の誓約書について熟読し、上智大学と上智大学の交換留学プログラムの参加を希望します。参加する際には、期間終了まで留学に継続することを誓約し、他の参加者に迷惑を及ぼすことには断固として日本の法を犯さず上智大学の規則に従い、ようて責任を持って行動します。また、留学期間中に日本に帰国する場合は、事前に申し出て帰国します。</p> <p>また、上智大学がプライバシーポリシー(留学希望者) (http://www.sophia.ac.jp/english/admissions/exchangeprograms/application_info/privacypolicy.html)の内容のすべてをよく読み、完全に理解したうえで、個人情報の取扱いについて同意します。</p> <p>I have carefully read and agree to the articles on the separately provided pledge, and hereby state my wish to participate in the Sophia Exchange Program. I promise to follow the laws and regulations of Japan as well as the instructions from Sophia University, be cooperative with other participants, and to work hard until the completion of the Program. I will be responsible for my conduct and will not withdraw from the Program. In case of any violation on the matters stated in the Pledge, I understand that Sophia University has the right to cancel my participation in the program, and agree to fully comply with the decision made by Sophia University, without any complaints.</p> <p>Also, I confirm that I have read the "Sophia School Corporation Privacy Policy for International Students" (http://www.sophia.ac.jp/english/admissions/exchangeprograms/application_info/privacypolicy.html), understood it fully, and consent to the processing of my Personal Data.</p>	
Applicant's name 応募者氏名	MAKI HAYASAKA
Date (YYYY/MM/DD) 日付 (年/月/日)	2022/01/31

4. Upload Other Application Documents

Upload the completed documents to “Submit Required Documents”.

For the list of documents to be submitted, please refer here.

https://piloti.sophia.ac.jp/eng/studyabroad/exchangeprograms/application_info/application_materials/

Pre-Departure

Submit Online Application : Complete (2021/07/29)

Incomplete (Deadline: 2019/04/10)

Document Name	Status	Action
Letter of academic recommendation	Incomplete	Upload
Official academic transcript(s)	Incomplete	Upload
List of Courses Currently Enrolled	Incomplete	Upload
TOEFL/ IELTS(Academic)/ TOEIC test report	Incomplete	Upload
JLPT N1 test report	Incomplete	Upload
Certificate of Health	Incomplete	Upload
Digital color photographs (length 4cm x width 3cm *exact size)	Incomplete	Upload
Photo copy of your passport	Incomplete	Upload
for GPGS (Graduate)	Incomplete	

Submit Required Documents : 日本語はこちら

After choosing the documents, click “upload”

There are provided form for Some Documents (Recommendation Letter and Certificate of Health) on “Documents” area in Sophia Go Global Portal.

Documents

Application Documents	
24S_00_(for Students)_Application Guide_202302.pdf	00_(for Students)_Application Guide
24S_01_Recommendation Letter Form20230915.xlsx	24S_01_Recommendation Letter Form20230915
24S_02_Certificate of Health_20230329.docx	24S_02_Certificate of Health_20230329

All documents must be uploaded through portal and please do not attach documents to the email. If you have any documents that you cannot upload through the portal (e.g. a recommendation letter sent directly from your teacher), please let us know.

Uploaded documents can be replaced UNTIL you click the “Finalize Application Documents Submission”.

5. Housing Application

Notes: Housing allocation works on first-come-first-served basis.

Click the “Housing Application.”

Submit <u>Housing Application</u> :	Incomplete (Deadline: 2019/04/10)
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If you have chosen “Sophia Associated Housings,” please number the housings in the order of your preference on the second page.

Page1>	Page2>	Confirm>	Submit
Status: Incomplete (Your application has not been submitted yet)			
We will not use the personal information on the housing application for other purposes.			
HOUSING ARRANGEMENTS 宿舎選択*			
Housing List for Sophia and Self Arrangement (上智大学の寮と自己手配の宿舎一覧) : https://www.sophia.ac.jp/eng/admissions/exchangeprograms/housingInfo_costs/Housing_List/index.html			
<input checked="" type="radio"/> SOPHIA Associated Housings 上智大学の寮 <input type="radio"/> SELF Arrangement 自己手配			

Status: Incomplete (Your application has not been submitted yet)																	
We will not use the personal information on the housing application for other purposes.																	
HOUSING PREFERENCE 宿舎希望																	
Read housing information carefully from the link below before ranking selection. Only rank housing options that you are willing to enter if once assigned. Housing allocation works on first come, first served basis. Those who cannot be placed to any of the housing options below should look for housing by your own. *The availabilities are quite limited. We are strongly advised to choose 2 or more housings to assure their housing arrangement. 下記リンクより宿舎案内をよく読んで、入居希望宿舎の希望順位を記して下さい。配置された場合必ず入居する宿舎のみお選びください。宿舎配置は先着順で行います。配置されない場合はご自身で手配する必要があります。*入居可能人数が限られていますので、少なくとも2つ以上の希望をつけることをお勧めします。 Housing List (宿舎一覧) : https://www.sophia.ac.jp/eng/admissions/exchangeprograms/housingInfo_costs/index.html																	
(WOMEN)	<table><tr><td>3</td><td>SOPHIA SOSHIGAYA INTERNATIONAL HOUSE 相模谷国際交流会館</td></tr><tr><td>4</td><td>SOPHIA-ARRUPE INTERNATIONAL RESIDENCE 上智大学アルペ国際学生寮</td></tr><tr><td></td><td>SOCIAL RESIDENCE HIGASHI-KOGANEI ソーシャルレジデンス東小金井</td></tr><tr><td></td><td>KASAI INTERNATIONAL HOUSE 葛西インターナショナルハウス</td></tr><tr><td>1</td><td>AZALEA HOUSE アゼリアハウス</td></tr><tr><td></td><td>DK HOUSE TOKYO NERIMA DKハウス 東京・練馬</td></tr><tr><td>2</td><td>DK HOUSE SHINKOIWA DKハウス 新小岩</td></tr><tr><td>5</td><td>DK HOUSE MATSUDO DKハウス松戸</td></tr></table>	3	SOPHIA SOSHIGAYA INTERNATIONAL HOUSE 相模谷国際交流会館	4	SOPHIA-ARRUPE INTERNATIONAL RESIDENCE 上智大学アルペ国際学生寮		SOCIAL RESIDENCE HIGASHI-KOGANEI ソーシャルレジデンス東小金井		KASAI INTERNATIONAL HOUSE 葛西インターナショナルハウス	1	AZALEA HOUSE アゼリアハウス		DK HOUSE TOKYO NERIMA DKハウス 東京・練馬	2	DK HOUSE SHINKOIWA DKハウス 新小岩	5	DK HOUSE MATSUDO DKハウス松戸
3	SOPHIA SOSHIGAYA INTERNATIONAL HOUSE 相模谷国際交流会館																
4	SOPHIA-ARRUPE INTERNATIONAL RESIDENCE 上智大学アルペ国際学生寮																
	SOCIAL RESIDENCE HIGASHI-KOGANEI ソーシャルレジデンス東小金井																
	KASAI INTERNATIONAL HOUSE 葛西インターナショナルハウス																
1	AZALEA HOUSE アゼリアハウス																
	DK HOUSE TOKYO NERIMA DKハウス 東京・練馬																
2	DK HOUSE SHINKOIWA DKハウス 新小岩																
5	DK HOUSE MATSUDO DKハウス松戸																

6. Finalize Application Documents Submission

After uploading all the required application documents through portal, applicants must press “Finalize Application Documents Submission” button to let us know that you completed online application.

After pressing the button, your Application Documents will be locked and sent to the pre-check & faculty review.

Notes: We will **NOT** start your application review until you finalize your documents.

7. Step 6: Certificate of Eligibility (CoE)

After pressing “Finalize Application Documents Submission” button, you will receive a contact from administrative law firm, which we are entrusted with, regarding the COE (Certificate of Eligibility) within approximately two weeks. Please follow the instructions of them.

Contact: Support Gyoseishoshi Law Firm (サポート行政書士法人) sophia-u.global@shigyo.co.jp

8. Step 7: Application Review and Acceptance Notice

If there are any problems or missing information on the documents, we will contact you by email, therefore please check your email box regularly. You can also check the required updates on the online application system.

Pre-Departure	
Submit Online Application :	Complete (2021/07/29)
	Received. Documents under review.
Application form	Complete Download
Letter of academic recommendation	Complete Download
Official academic transcript(s)	Incomplete 参照... ファイルが選択されていません。 Upload

Please give us a reply after receiving our email about missing information or incomplete documents.

After completing all the application materials, your application will be sent to the faculty's review. It will take 6-8 weeks for the review and acceptance notice will be sent to you via email once your application is accepted by the faculty.

After the acceptance notice is sent, a digital acceptance letter and supporting documents (ex. Academic Calendar, Visa instructions) will be available online.

Acceptance : Letter of Acceptance	Screening Complete (2021/07/29)
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9. Step 8: Arrival Information

After receiving the CoE, you can apply VISA and book flight ticket.

Then we will ask you to submit arrival information online.

Acceptance : Letter of Acceptance	Screening Complete (2021/07/29)
Submit Arrival Form :	Incomplete (Deadline: 2019/08/18)

Click “Arrival Form” and fill in all the required information.

ARRIVAL INFORMATION 到着情報

Arrival Date to Japan 到着日*

Arrival Time to Japan 到着時刻*
(in JAPAN TIME, e.g. 14:10)

Flight number of Final Flight to Japan フライト番号*
e.g. UA837

Flight Number of ALL Connecting Flight(If any) 経由便
e.g. UA755→UA837

Final Departure Airport to Japan 最終出発空港*
e.g. San Francisco,SFO

Arrival Airport in Japan 到着空港*
Narita/Haneda/Others(Airport Meeting Service is available only at
Narita or Haneda Airport.)

Contact Information in Japan 日本での連絡先

Address 住所

Phone# 電話番号

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10. Contact

If you have any questions or problems about the application procedure, please refer to our Web page.

You can also contact us using the email address below:

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