

How to Check Bulletin (SPSF & FST Students)

- (1) Access My Sophia using your ICT Account and password, which will be distributed **on April 1**. <https://my.sophia.ac.jp/>
- (2) Click “Bulletin of Information” on the left section.

Home

Faculty/Department

Graduate Programs

Academics

Campus Life

Career

Bulletin of Information

ページサンプル

My Sophia Teacher's Manual

Latest 20 unread notices and unanswered questionnaires are displayed.
To see notifications you have already read, click the [MORE] button to display them.

Individual Notice

Class Bulletin Board

Faculty/Department Office

From University

Questionnaires

Links

- (3) Click “2025 [SPSF] Sophia Program for Sustainable Futures” or “2025 [FST] Faculty of Science and Technology

履修要覧

2025年度 履修要覧

- [2025年度 履修要覧\[ガイド・資料編\]](#)
- [2025年度 履修要覧\[学部科目編\]](#)
- [2025年度 履修要覧\[大学院科目編\]](#)
- [2025年度 履修要覧 法科大学院\[法学研究科法曹養成専攻\]](#)

2025 Bulletin of Information

- [2025 \[FLA\] FACULTY OF LIBERAL ARTS](#)
- [2025 \[SPSF\] SOPHIA PROGRAM FOR SUSTAINABLE FUTURES](#)
- [2025 \[FST\] FACULTY OF SCIENCE AND TECHNOLOGY](#)
- [2025 \[GRADUATE PROGRAMS\] ENGLISH-TAUGHT GRADUATE PROGRAMS](#)