

Sophia University

Short Term Programs

<https://piloti.sophia.ac.jp/eng/studyabroad/short-term/>



Sophia University offers short-term January and Summer Sessions for students interested in Japan and East Asia. These programs provide a unique chance to explore Japanese language, culture, and society while experiencing Tokyo's dynamic urban life. Since 1961, the Summer Session has welcomed over 14,000 students worldwide, many of whom have pursued careers related to Japan. The January Session, launched in 2013, also attracts students with courses on contemporary issues and cultural insights.



Contact

Sophia Short-term Programs

Center for Global Education and Discovery

SOPHIA UNIVERSITY

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Example of Courses Offered *All courses are subject to change without notice.

Summer Session in East Asian Studies (July 1-July 22, 2026)

- *Education in Japan (2 credits)*
- *Japanese Language and Culture (2 credits)*
- *Japanese Popular Culture (2 credits)*
- *Modern History of Japan (2 credits)*
- *Contemporary Japanese Society (2 credits)*
- *First Steps in Japanese (1 credits)*

Summer Session in Japanese Language (July 1-July 22, 2026)

Intensive Japanese (3 credits) is divided into the 5 class levels; Intensive Japanese 1, Intensive Japanese 1.5, Intensive Japanese 2, Intensive Japanese 3, Intensive Japanese 4

January Session in Japanese Studies (January 7- January 28, 2026)

- *Chado, the Way of Tea and Japanese Culture (2 credits)*
- *Media and Contemporary Issues in Japan (2 credits)*
- *Contemporary Japanese Culture and Society (2 credits)*
- *Japanese Language (1 credit)*

Program Fee *Subject to change

Summer Session in East Asian Studies	(2 courses) ¥ 235,000 (3 courses) ¥ 313,000
Summer Session in Japanese Language	¥ 270,000
January Session in Japanese Studies	(1 course) ¥ 157,000 (2 courses) ¥ 235,000 (3 courses) ¥ 313,000 (Off-Campus Study Program) ¥ 150,000
Application Fee	¥ 10,000

Off-Campus Study Program

Participants of the January Session may apply for this program in addition to the regular three-week courses. This program offers students the opportunity to spend several nights outside of Tokyo visiting regional cities, where they can experience traditional Japanese culture and history.



Learn more here!

Fun Events



Fees



Housing



Learn about Sophia



Application

Summer Session in East Asian Studies and Japanese Language	February 9- March 6 (5pm* JST)
January Session in Japanese Studies	September 17- October 15 (5pm*JST)

Requirements

- A current student or graduate of a Bachelor's, Master's or Doctorate degree program outside of Japan
- A minimum GPA of 2.8 on a 4.0 scale, or equivalent
- English language proficiency >> TOEFL ITP 550, TOEFL iBT 79 (0-120 scale test) or 4.5 (1-6 scale test), IELTS 6.0, TOEIC (L&R) 730, Cambridge English "C2 Proficiency" (Certificate of Proficiency in English, CPE) or "C1 Advanced" (Certificate in Advanced English, CAE)