

Access from Narita Airport

1. Narita airport to Shinjuku

Two Options:

- Use JR Narita Express/Approx. 80 minutes (¥ 3250)
 - On-line: <http://www.jreast.co.jp/e/nex/tickets.html>
- Take Airport Limousine bus to Shinjuku West Exit/Approx. 120-150 minutes(¥ 3200)
 - On-line: <https://webservice.limousinebus.co.jp/web/en/>

2. Shinjuku to Shinanomachi station

- (In the JR station) Find the Sobu Line for Chiba or Tsudanuma which departs at platform 13.
- Do NOT take Chuo line Rapid Express (快速 Kaisoku) as it does not stop the Shinanomachi station.
- It takes approx. 6 minutes (¥ 140)

Access from Haneda Airport

1. Haneda airport to Shinjuku

- Airport Limousin bus/Approx. 60 minutes(¥ 1250)
- Please follow the same steps from Shinjuku to Shinanomachi

Sophia-Arrupe International Residence
上智大学アルペ国際学生寮
〒160-0033 東京都新宿区信濃町 33-7

Emergency contact
Sophia University Center for Student Affairs
03-3238-4621

Office Hour: Weekdays 10:00-11:30, 12:30-15:30

T i p s

When you lose the way, it would be better to ask station staff for help and start saying 'Sumimasen'(Excuse me), then show the following cards.

1

そうぶせん の
総武線に乗りたいのですが、
ホームをおし
を教えてください。

I would like to take Sobu line.
(Ask the station staff)

2

しなのまちえき い
信濃町駅に行きたいのですが、
れっしゃ の
どの列車に乗ればよいのかおし
教えてください。

(Ask at the platform 13 of Shinjuku station)
I would like to go to Shinanomachi staion.
Please let me know which train I should take.