





# ATHLETIC ACTIVITIES / スポーツ






## Archery / アーチェリー

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
31	Athletic Activities Alliance	Japanese Archery Club		Train japanese traditional style archery	Sophia University Sanadabori Ground	TUE-FRI:17:40-20:10(WED,FRI: MEN/TUE, THU:WOMEN) SAT:10-12or13-15
58	Athletic Activities Alliance	Archery Club		practice archery to win the league match and contribute to sophia university	sanadabori(sophia ground)	"weekday 9:00-19:00(exclude Wednesday) Saturday 9:00-12:00"
1246	Unorganized	Sophia kyudo club		"Kyudo(弓道)" is a japanese traditional archery. We welcome people who are interested in it and would like to start it.	Fukagawa sports center(深川スポーツセンター), Komazawa Olympic park(駒沢オリンピック公園)	1~2/week. Mostly Saturday or Sunday. About 3~5 hours each.

## Badminton / バドミントン

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
55	Athletic Activities Alliance	Badminton Club		Practice and participation in games.	Gym 3	Tue,Thur,Fri/ PM3:25-7:00, Sat/ AM10:30-PM3:30
172	Unorganized	MINT badminton club	—	Our circle holds many activities including practices, parties and camps. You can enjoy these events with everyone in the circle, regardless of grades or faculties.	nishiwaseda kinshityo	18:00~21:30 19:00~22:00
1328	Unorganized	Good on		Our circle will enjoy badminton with a lot of students. We rent the cort and play badminton about twice in a week. We're hoping to enjoy badminton with you guys.	Nakano, Kamedo, Kanda	almost three hours a day twice a week







## Baseball / 野球

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
36	Athletic Activities Alliance	Sophia Baseball Club		we practice 6 times in a week for Spring/Autumm leagues.	Sanadabori Ground	15:00-20:00
44	Athletic Activities Alliance	Semi-hard baseball club		We play baseball in lunch time. Our object to practice is to win in the league and go forward to the upper league.	Sanadahori baseball ground	lunch time 12:00~15:00
64	Athletic Activities Alliance	Ladies'Baseball Club		As women, we play aggressive baseball every Wed. and Fri. and Sat. Join us!	Sanadabori baseball field	Wednesday and Friday before classes and Saturday
118	Hobby Club Alliance	Fires		We, Fires are beginner-friendly baseball club. We welcome anyone interested in playing baseball, watching games or both!!	Ueno,Kunitachi,Shiba-park	Week end Every other weekday 17:00~19:00
119	Hobby Club Alliance	Fire Birds		Let's play baseball with us! Even if you haven't play baseball, we warmly welcome all of you to our club!	Sotobori park	16:00~18:00, 18:00~21:00





## Basketball / バスケットボール

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
51	Athletic Activities Alliance	Women's Basketball Club		We play basketball 5 times a week. Our aim is to be remaining behind division 3 during the autumn league match. We always welcome who are enthusiastic towards basketball!!	Sophia University Arena	Tue 18:00-21:00, Wed 15:00-18:00, Fri 15:00-18:00 (free practice), Sat 14:00-17:30, Sun (Irregular)
52	Athletic Activities Alliance	official sophia men's basketball team		Basketball 5times a week with official tournaments	The third gymnasium	Tuesday&Friday 18:15-21:00, Wednesday 15:10-18:15, Saturday&Sunday are indefinite.
96	Hobby Club Alliance	APeS	—	We play basketball hard and have many events.	shinagawa-ku	19-21o'clock
297	Unorganized	Cagey Cagers		We play basketball once a week, 4 basketball camps a year. We have other events such as Odaiba tour, Christmas party, farewell party and so on.	Mostly at Akabane gymnastic hall and Kanda sport center.	Indeterminate, but once a week. Mostly 18pm-21pm on weekdays.
387	Unorganized	Reindeers	—	We play basketball.	gym around Ikebukuro	Once per week About 3hours per day







## Budo/武道




Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
26	Athletic Activities Alliance	Aikido Club		Aikido is a traditional Japanese martial art which is famous for art of self defense. Please contact us if you are interested!	Sophia University Underground Judo Hall	Mon, Wed, Fri: 17:30~20:00 Sat: 14:00~17:00
30	Athletic Activities Alliance	Karate Club		The karate club was established in 1953. Karate is a Japanese martial art and the best thing to learn how Japanese people think. We are so welcoming.	Kendo field	Tuesday, Thursday: 18:00~20:00 Saturday: 15:00~17:00
33	Athletic Activities Alliance	Kendo team		practicing kendo and taking part in competitions	kendojo	Monday, Wednesday, Friday 17:20-19:00 Saturday 13:00-15:00
41	Athletic Activities Alliance	Shorinji-kempo Club		We improve skill of Shorinji-kempo which is one of Japanese martial arts.	Judo/Kendo Rooms	Mon (15:25-18:00) Wed, Fri (15:25-17:00) Sta (15:00-
43	Athletic Activities Alliance	Judo Club		At Judo Club, both beginners and experienced people enjoy Judo! Feel free to come!	Sophia University's Dojo / Kodokan	Monday, Wednesday, Friday 17:20~19:00. Saturday 18:00~20:00
182	Unorganized	Sophia aiki-kai		Practice and performance of Aikido(a traditional martial art in Japan), and international exchange through Aikido	Judojo(gym)	Thu 15:25-17:05 Sat 11:00-14:00
1322	Unorganized	Sophia Kendo Society	—	Training twice a week and joint training and camps during long vacations.	Kendo hall, etc.	Tuesdays and Thursdays from 5:00 p.m.

## Cheerleading/チアリーディング






Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
29	Athletic Activities Alliance	Sophia Cheering Squad		We are consisted of three squad. Leaders, brass band and cheerleading team EAGLES. We cheer for wide variety of sport teams in Sophia University. We perform at school official events.	Gym (Joint practice, EAGLES), Sanadabori-Ground (Leaders), Building 11-music room (brassband), Zoom, match venue	Monday, Thursday, Saturday and Sunday.
126	Hobby Club Alliance	Sophia University sophia cheerleaders Lollipopers		We are the exclusive cheerleaders for the football team. We usually practice for cheerleading competitions, and during the season, we cheer for the football team.	Sophia University Judo Hall	Tuesday, Thursday 18:00-21:00 Saturday, Sunday 9:00-12:00
1166	Unorganized	JESTY		We practice cheer dance. We participate SOPHIA FESTIVAL and FRESHMAN WEEK etc... We go to training camp for two nights and three days on summer vacation. We have two meetings.	Sports center and studio in Tokyo.	7 p.m.~10 p.m.(Subject to change of long vacation.)
1321	Unorganized	Cheer Dance and Batontwirling Club		We are the only cheer dance and baton twirling club in Sophia University!! Feel free to join us :)	The Third Gym, Judo/Kendo Hall, Dance Studio/Gym around Sophia University	once or twice a week / about 3 hours

## Dance/ダンス



Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
32	Athletic Activities Alliance	Dance sport club		We practice ballroom dance and latin dance. Most of our members are beginners at first, so please feel free to come and see us practice!	11-704, 11-511, Hoffmannhall conference room no.7	Every Wednesday(17:20~21:00) and Saturday(13:00~17:00)
84	Theatrical Activities Committee	Sophia Modern Dancers		jazz dance club	Gym No.1, Hoffmann Hall, Classroom	4-5period
89	Theatrical Activities Committee	Alegrias		We are Sophia flamenco club "Alegrias". You can enjoy authentic and passionate Spanish dance here! We practice it twice a week. We are waiting for your join!	Nishiogikubo/Sophia University	Mon:17:30~21:00 Thu:17:30~21:00
178	Unorganized	G-Splash		We're a street dance circle providing 6 genres; hiphop, lock, girls, break, house, waack. Our activities are mainly dance practices for events, such as Sophia Festival, and competition as well.	Gymnasium No.1	From Monday to Friday: 17:00-21:00 Saturday & Sunday: 9:00-21:00
561	Unorganized	Dance Crew Eagle		We are Dance Crew Eagle. We have about 300 members, and we have 6 genres ( Hiphop, Jazz, Lock, House, Girls, and Break). We practice three hours every week.	11 building and Hoffman Hall (6th and 7th conference room), or dance studio around yotsuya and Shinjuku.	Every Tuesday, Thursday and Saturday afternoon (5pm to 8pm).
794	Unorganized	SPH mellmuse		We perform dance of Japanese idol at the competition and events in Sophia university.	Hohuman Hall 6th or 7th meeting room in Sophia university and studio in Tokyo	Monday, Wednesday:18:00 pm~21:00pm Saturday, Sunday:9:00am~12:00am

1006	Unorganized	Sophia Hula Team Hau'oli		We practice the hula two days or three days a week. Our main hula activities include : competiton, summer retreat, Sophia Festival.	classrooms, public halls in Chiyoda Ward, and dance studios in Tokyo	Monday ( 17 : 00 - 19 : 00 ) Saturday (13 : 00 - 17 : 00 )
1149	Unorganized	Sophia Flash Mob		We organize Flash Mobs to help celebrate a special event (birthdays, weddings, etc.). It starts from meeting up with the client, to choreographing, to actually performing the dance.	Classrooms in Sophia University, Studios near Sophia University	Wednesdays and Fridays 17:00~20:00
1263	Unorganized	Lupine	—	We are Kpop cover dance club. We performance at the school festival.	dance studio	Friday 17:30-21:00,Sunday 9:00-13:00
1308	Unorganized	Sophia Awaodori Circle		We practice and perform "Awa odori" which is Japanese traditional dance.	The room in building 11. Waseda student center.	Twice or three times a month



## Football／フットボール




Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
28	Athletic Activities Alliance	American Football Club		Alongside the practices at the university, we do physical training and play analyzing to win the Kanto Football League games in autumn.	Sanadabori-ground	Mondays, Tuesdays, Thursdays, Fridays and Saturdays from 3pm to 8pm.
39	Athletic Activities Alliance	SOPHIA Univ. FOOTBALL TEAM		soccer (official match & training)	sanadabori	Monday,Wednesday, Thursday,Friday,Saturday, Sunday 15:00-18:30
102	Hobby Club Alliance	FC.EAGLE		To lead a meaningful college life through soccer.	sanadabori ground university's gym	Tuesday 8:00-9:00 Thursday 8:00-9:00 Saturday 16:30-18:30
133	Unorganized	Gokimaruzu F.C.		We have practices twice a week and league matches twice a month. League matches are very competitive and rewarding. We also hold events for us to get along.	Gymanasium Various Soccer Fields nearby	Monday:16:00-18:00 Friday:8:00-9:00
134	Unorganized	F.C.LEXUS		Our group plays soccer during lunch breaks at the school's sports ground. You can just watch or also come and play the sports whenever you like.	Sanadabori sports ground	Almost everyday
418	Unorganized	FUN-ta-SISTER		FUN-ta-SISTER is the most strongest soccer circle in Sophia university. Our motto is "always fun and always strong". We are aiming to achieve 6 consecutive victories SOPHIA CUP.	Sanadabori ground(next to Yotsuya campus)	2 days a week Tuesday and Saturday pm5~pm6:30
950	Unorganized	F.C.ARMADOR	—	We play FUTSAL on Mondays and Thursdays. Add to normal practice, we have monthly events; BBQ, training camp, trip, and so on.	Monday; Kameido Thursday; Sanadabori ground in Sophia.	Monday; 18:00-20:00 Thursday; 17:20-18:30
1062	Unorganized	NFL lovers society	—	Watching football games and analyzing plays, studying strategies of football and athlete's training.	Hoffman Hall B221	Monday, Wednesday, Friday 15:00-18:00

## Lacrosse／ラクロス


Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
63	Athletic Activities Alliance	Girl's Lacrosse Club		We practice lacrosse to win in the Kanto Lacrosse League 3.	Sanadabori Ground	Tue.,Wed.,Fri./7:00-Sat.,Sun./8:00-
65	Athletic Activities Alliance	Men's Lacrosse		Practice lacrosse for lacrosse league games	Sanadabori Ground soccer field	Mon,Tue,Thu 7:00-9:00./Sat 8:00-11:00

## Marine Sports／マリンスポーツ

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
18	Unorganized	Sophia scuba diving club		We scuba dive to deepen our friendship and learn about the marine enviroment and ecosystem in Okinawa, Izu and so on.	sea	irregular
59	Athletic Activities Alliance	Sophia Sailing Team		We practice sailing on our 470-class dinghy every weekend. Our goal is to win in races and enjoy sailing.	Enoshima Yacht Harbour (Hayama Port / Hakkejima Marina)	Every weekend (about 4 days a week during vacations)

426	Athletic Activities Alliance	SOPHIA WINDSURFING TEAM		Windsurfing is a form of sailing. 99% start when they enter university, therefore, our senior members are your instructors. We have regular practices on Sundays and attendance is compulsory.	Regular practices in Kamakura	Compulsory Sunday practices/9:00-18:00 Independent practice on any time any day
1291	Unorganized	Sophia Surf Lifesaving Club		Monitoring and rescue activities at beaches. To prevent water accidents we usually do physical and rescue training in the sea. There is also life saving sports to improve rescue ability.	Hasaki Beach, Otake Coast, Enoshima Beach and Sophia Pool	Wednesday, 5th Class
1345	Unorganized	Sophia Riders on the wave		We do outdoor activities: surfing, snouboarding and camping. We also value the connection with local people we meet there and try to get involved in eco-friendly activities.	maountains and seas in Japan	once or twice a week



## Motorsports/モータースポーツ










Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
42	Athletic Activities Alliance	Sophia University Motorsports Club		We take part in a gymkhana tournament of students. So, we try improving our driving techniche to win the tournament.	each circuit ( Fuji Speed Way, Asamadai sportsland etc.)	mainly weekend/undecided

## Other Ball Game/その他球技




Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
27	Athletic Activities Alliance	Ice Hockey Club		Icehockey team is mainly active at Ice Arena twice a week. There are 15 members. Although it seems to be a small club, we won the last year's Autumn Games.	Meiji Jingu Gaien Ice Arena/Dydo dorinko Ice Arena	Monday, Thursday/24:30~
37	Athletic Activities Alliance	Golf Team		We aim to improve golf skills and achieve good results at each tournament.	Sanadabori Ground Golf Range. LINX-Shinkawasaki. Tokyo Jumbo Golf Center. Toho Chofu Sports Park.	Tuesday and Friday at 1720~1900 in Sanadabori
47	Athletic Activities Alliance	Table Tennis Club		Pacticing table tennis	gym 2	Mon. Wed. Thu. /17:25-20:20 Sat./9:30-15:30
50	Athletic Activities Alliance	Handball club		We are practicing 3 times per week. Aiming to play in a higher league.	Gymnasium 3	Monday 18:00-21:00 Wendsday 18:00-21:00 Saturday 8:30-11:30
60	Athletic Activities Alliance	Rugby Football Club		We enjoy rugby. Preparing for the Kanto University Rugby competition, we are absorbed in practice.	Sanadabori ground	(Tue)(Wed)(Thu)15:30- 19:30(Sat)13:00-16:00
66	Athletic Activities Alliance	Sophia Field Hockey		Sophia Field Hockey has trainings 4 times in a week. The team set our sights on winning at the Kanto University League Div.1.	Sanada-bori Ground	Mon/Wed/Fri: 7:15a.m.-9:00a.m. Sat: 11:00a.m.-2:00p.m.
170	Unorganized	Sophia Racquetball Club	—	We practice racquetball and enjoy many events!	SPA Shirokane	fri/p.m.5~p.m.7
1260	Unorganized	Sophia Country Club		We practice golf on Wednesdays and Sundays at the golf rage near Sophia. Regardless of beginners or experienced players, each is playing golf with the aim of improving.	Golf range near Sophia	every Wednesdays and Sundays
1314	Unorganized	Sophia Squash Circle	—	Squash is similar to tennis and sport played indoors. Anyone can join us because most of the members are beginners. Let's enjoy squash!!!	Sasazuka	Tue) 5:10pm-6:30pm Sun) 6:00pm-7:30pm

## Other Sports/その他スポーツ




Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
45	Athletic Activities Alliance	Sophia Swimming Team	 	Competitive Swimming: Practice Monday to Saturday with 1 club meeting per week and a swim meet about once a month. Waterpolo: We got back in September, 2015. Usually we practice the basics on weekdays and invite other teams on weekends to play games.	Sophia University Gymnasium Pool	Competitive Swimming: M,Tu,W 14:50-17:00 Th,F,Sat 9:00-12:00 Waterpolo: Tu,W 9:30-12:00, Th15:00-17:00pm, Sat14:00-17:00pm

56	Athletic Activities Alliance	Fencing club		The club caters to all levels from beginners to advanced. We offer foil, epee and sabre training. Training involves footwork, one to one lessons and free fencing.	Gym No.2	[Tues. & Fri.] 17:30-21:00 [Sun.] 10:00-14:00
57	Athletic Activities Alliance	Sophia University Boxing Club		Basic boxing training for fitness and competitions (only for those who wish).	1st Gymnasium	Weekdays: 16:00-20:00 Saturday: 12:00-15:00
61	Athletic Activities Alliance	SophiaTrack and Field Club		Sophia Track and Field Club is an organization in which people interested in or specialized in track and field sport.	Oda Field, Sanadabori Field	Tuesday PM, Thursday PM, Saturday AM
93	Hobby Club Alliance	Sophia Walking Club		We walk around Tokyo with our club members. We are very close. We have fun conversations.	Around Tokyo area	Twice a month on Saturday or Sunday/Daytime
111	Athletic Activities Alliance	FLYING DISC CLUB FREAKS		We play "ultimate frisbee."	Mon-Fri:Sanadabori ground / Sat:Edogawa riverbed	12:30-13:30 / 9:00-15:00
121	Hobby Club Alliance	Sophia figure skating club		We practice individuality. The skating rink will be different based on the coaches. We do not have group activities. Main collegiate competitions are on May, October and January.	we practice individual skating rink.	It is different based on the coaches.
187	Unorganized	Sophia Flying Turkeys	—	Hello student!!We are Sophia Flying Turkeys. I wanna fly! I wanna make an aircraft!If you think so, you should come to SFT!!!	HN231	Mon-Fri after school.
684	Unorganized	Q's		Our members get together to practice pocket billiard once a week and participate in official matches, both individually and in teams.	Sansui Billiard @ Takadanobaba	Thursday or Friday 18:00-20:00
1140	Unorganized	eikenkai		Every twice a week, we are having practices of Sports Channara in the Gymnasiums located near by Yotsuya or Shinjuku.	The Gymnasiums located near by Shinjuku, or Yotsuya.	Tuesday, Thursday / 19:00-22:00
1242	Unorganized	Sophia Yoga club Rati		Our lesson is 60 minutes long. The club members will be the instructor for most of the lesson. We are planning to practice yoga in university classrooms, parks and zoom.	classrooms, parks, zoom and rental studio	after school, every Sunday and summer vacations

## Outdoor/アウトドア


Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
19	Cultural/Academic Alliance	Tankenbu		On weekend, we enjoy outdoor activities such as climbing, rafting and so on. Our motto is "to seek the extraordinary."	Mountais and Rivers in Japan	Weekends
62	Athletic Activities Alliance	WANDERVOGEL CLUB		hiking,trekking,bouldering,river trekking	outdoor place	weekdays,weekends,
1167	Unorganized	Sophia Adventure Club (SAC)		CLIMBING MOUNTAIN, CAMPING, RIVER RAFTING, HIKING, and WHATEVER YOU WANT TO DO	OUTDOOR FIELD	WEEKEND


















## Ski/Snowboarding/スキー・スノーボーディング

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
46	Athletic Activities Alliance	Racing Ski Club		Improving skills for skiing and take part in competitons.	Yoyogi park, Kaigakan, training room	Monday, Wednesday, Friday, 17:00-20:00
91	Hobby Club Alliance	Aspen Ski Club	—	Skiing in winter! Let's enjoy together!	In front of Kaiga-kan, in outer gardens of Meiji Shrine	Wednesday/5 pm Saturday/1 pm
1340	Unorganized	Arima Peaks		Come along to experience skiing or snowboarding casually	Unspecified	Unspecified
1341	Unorganized	Winter Sports Club		Winter sports such as skiing and snowboarding in winter and spring.	Off-campus skiing and snowboarding facilities	indeterminate




## Tennis/テニス

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
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34	Athletic Activities Alliance	Girls tennis team		We play tennis four times a week and participate in several tennis tournaments. And practice practice practice!	Sanadabori tennis court	Tue/Thurs:17:30-20:00,Sat/Sun:9-13/13-17
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35	Athletic Activities Alliance	Men's Tennis Team		practice tennis and strengthen our spirit, technique and body.	Sanadabori Tennis Court	Mon,Wed,Fri 8-11:40or17:30-20:30 Sat,Sun 9-13or13-17
48	Athletic Activities Alliance	Women's Soft Tennis Club		We practice soft tennis with the aim of winning the league held once a half year.	Sanadabori coat	Saturday 9:00~13:30
49	Athletic Activities Alliance	Soft tennis club (men)		We practice in the morning of weekdays and Saturdays.	Sanada moat	Monday,Friday 17:00~19:00 Saturday,Sunday 9:00~16:00
143	Unorganized	ADVANTAGE T.T.		We, Advantage TT, is a tennis circle. We usually practice tennis about 3 times per week. And we have many events like going Disney, doing party and so on.	Sotobori Park	Usually we practice at daytime in a week day. In addition, we practice or participate in tournament at Saturdays and Sundays
144	Unorganized	WALL Tennis Club		It is aimed for maintaining and enforcing body and heart health and for improving communication skills through playing tennis.	tennis court near the university	usually 1 or 2 times from 5:00pm to 7:00pm on weekdays
148	Unorganized	S.L.T.A.		Practive 4 hours in weekdays. Have tennnis camp and participate in tournaments in vacation.	Ooi,Matsudo,Kameido,Koioi a	3pm to 7pm
151	Unorganized	Smash Tennis Team		We practice tennis twice a week. Plus, we have various events like BBQ, parties, and training matches on Saturday.	Sotobori Park, Kameido Central Park, and Hadano Campas Field	8:00-10:00 or 19:00-21:00
153	Unorganized	TEM Tennis Team		Playing tennis	yoyogi,Kinshicho	16:00-20:00
154	Unorganized	Freiheit tennis team		We learn importance of cooperation through playing tennis.	Sotobori Park, Sarue-onshi Park	Mon,Tue/17:00-19:00,19:00-21:00 Thu,Fri/8:00-10:00
155	Unorganized	FRANIS.T.T		Playing tennis	Yoyogi Olympic Center	After 3rd period
159	Unorganized	Balle Blanche T.T.		Thanks for watching. BalleBlanche is a tennis circle. Welcome anytime.	Kinshicho	Weekdays 17:00 to 19:00
160	Unorganized	kerun tennis aikokai		We play tennis in sotobori park a couple of times a week. Sometimes we play tennis matces with other teams.	sotobori park	16:00~18 : 00 / once or twice a week
162	Unorganized	Penguin Tennis Team		We hold tennis practice twice in a month. In addition, we hold training camps 3 times a year. In addition to tennis practice, we also have barbecues at the camp.	Sarueonshi Park Hibiya Park Yoyogi Park	18:00~20:00
167	Unorganized	Active Tennis team		practicing tennis, having some events throughout a year like BBQ, Disney, camping and so on.	kinshicho,kameido	3 times per week
169	Unorganized	Sophia University Tennis Federation		Practice,Game and Residential Training	Yotsuya and Hadano	irregular
1188	Unorganized	OnceNoah		Interaction of students through tennis and other events. We play tennis on weekdays and hold athletic meet and other events on holidays.	tennis courts in the Tokyo Metropolitan area	14:00~18:00 on weekdays
1324	Unorganized	DOUBLE FAULT		We enjoy playing soft tennis that is a Japanese-born sport. If you are interested in this sport, you feel free to experince it.	Kinshicho tennis court	weekdays pm17~19

## Volleyball / バレーボール


Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
53	Athletic Activities Alliance	Women's Volleyball Team		We practice playing volleyball 4 days a week to win in league matches (twice a year) and regular inter-league games.	Gymnasium3	Monday&Thursday: 3:25pm-6:15pm, Wednesday: 6:15pm-9:00pm, and Saturday: 11:30am-2:30pm
54	Athletic Activities Alliance	mens volleyball club		We play volleyball	the 3rd gym	Monday,Thursday 18:15-21:00 Suterday 14:30-
175	Unorganized	Volleyball Circle		We enjoy playing volleyball!	Gymnasium	Every Wednesday and Friday from 18:30-21:00

# CULTURAL ACTIVITIES／文化活動


## Art／美術

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
22	Cultural/Academic Alliance	Sophia Art Club		creating art works by yourself, having meetings of drawing, holding art exhibitions with other schools, exhibiting art works at school festival.	atelier in Hoffman hall	once or twice a week
1329	Unorganized	Sophia SDPing Club	—	We are called "Sophia Sketching, Painting and Drawing Club". We enjoy sketching, painting and drawing online, using digital and analog tools.	ONLINE	Thursday/ 20:00 p.m. - 21:30 p.m.




## Catholic／カトリック

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
205	Unorganized	Sophia University Catholic Student's Association		Interact between students who are interested in Catholic, Prayer meetings, Catholic Mass service.	SJ house, Catholic center	after school on Friday



## Cooking・Food Culture／料理・食文化

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
889	Unorganized	LACOOK		Cooking circle that aims to improve our cooking skills. Anyone from Sophia is welcomed!	Sport center, Chiyoda-ku	Wed/17:00~21:00



## Entertainment／エンターテイメント

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
424	Unorganized	Sophia Magic Club		Make friends with everyone through magic practice and recitals.	Classroom	After 4 th period
490	Unorganized	Sophia Comedy Society		Our main activity is to perform on stage outside the school with students from other universities and hold the meeting on Tuesday and Thursday.	Building No.11	Lunchtime on Thursday and Tuesday
1268	Unorganized	Imagine Days		What do you think about stupid? Maybe you would say "What hell of this group!?". Find out what is the definition of stupid. Don't you think it is eternal question?	classroom in the campus	one day per a week (irregular)







## Game／ゲーム

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
765	Unorganized	Sophia Chess Circle		We Sophia Chess Circle provide communities to play chess and promote friendship.	Hoffman Hall B206	pm3-7 on Wednesday
1251	Unorganized	Sophia Airsoft Club		Once a month, we play airsoft with ourmembers who plan match.	Airsoft facilities in Ikanto, centering Tokyo, Saitama, Chiba, Kanagawa jonce a month,weekend	once a month, weekend








## Japanese Culture／日本文化

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
8	Cultural/Academic Alliance	Kioi Literature Club		Our main activities include holding book discussion/study sessions and publishing our writing. We also have summer camps during the break and invite authors for the Sophia Festival.	classroom, clubroom	We hold a meeting on Tuesday or Thursday 17:20-. It is changed every week.
12	Cultural/Academic Alliance	Tea ceremony club		We learn Japanese culture through tea ceremony.	Hoffman Hall Japanese style room	Monday, Thursday 16:00-20:00



98	Hobby Club Alliance	Japanese flower arrangement club		We have lessons of Ikebana (the Japanese flower arrangement)	building 11	Wednesday 17:20-19:00
420	Unorganized	IGO CLUB		We practice and enjoy IGO. IGO is the board game which was invented more than 2500 years ago, and in this days, players are 40 millions in the world.	Hoffman Hall B128	Weekday Lunch Time
590	Unorganized	Sophia Shogi Club		to play shogi with club members online	online	free
792	Cultural/Academic Alliance	Japanese calligraphy club		We work hard toward the calligraphy exhibitions in April and November. Moreover,we introduce and share the beauty of the Japanese calligraphy as one of greatest cultures in Japan.	Japanese-style room. (Hoffmann Hall 3F)	Wednesday, Friday, (Sunday) 13:00~20:00
1083	Unorganized	wagokoro		We practice how to wear kimonos,which are Japanese traditional costumes.	和室(washitu )at Hoffman hall	Every other Saturday 10:30- (1,000yen- for Saturday lesson)
1343	Unorganized	Sophia University Tea ceremony club		We learn the manners and sprits of Japanese tea ceremony and enjoy Japanese traditional tea and sweets.	Hoffman hall (Washitu)	Wednesday/16:00-20:00


## Media / メディア









Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
4	Cultural/Academic Alliance	Sophia Movie Club		Sophia Movie Club is community of movie lovers. We watch movies in our clubroom. Let's enjoy together!	Room in Hoffman Hall, empty classroom	Activities are carried out 2 to 5 times a week after lunch break and after school.
23	Cultural/Academic Alliance	Sophia Broadcasting Circle		In SBC, we learn about the skills of creating short movies, announcing on broadcasts, and operating audio/visual equipments. We show these skills in the screening events we hold.	Announce room in Hoffman hall	Lunchtime of Tuesday for club meeting and after school for workshops. Some extra activities (e.g. shooting movies) are on weekend.
123	Hobby Club Alliance	B-pro (Broadcast community)		Filming, editing, and releasing various types of videos such as drama and music video. All voluntary.	Yotsuya Campus	There is no decided date nor time
128	Others	Sophia Times		publishing The Sophia Times once a month (excluding the spring and the summer break)	Building1-B1 011	irregular
741	Unorganized	ARIOSO		We publish free magazine "ARIOSO" twice a year and run a web site "ARIOSO Web".	No.1 building or No.11 building	Wednesday 17:20-20:00
1304	Unorganized	Sophia Pictures		We make films with our original screenplay and soundtracks. We also make music videos, promotion videos, and more!	Irregular	Irregular
1306	Unorganized	Sophia Vtuber Club		We make movies by using motion capture.	class room,spots inTokyo,online	after school,weekend

## Photography / 写真



Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
15	Cultural/Academic Alliance	Sophia Photography Club		Monthly photo shoots within Tokyo. i.e. Enoshima, Yokohama, etc. Photo exhibitions are held occasionally. All of our activities are voluntary, so please feel free to join any time.	On campus and outside campus	Random
1283	Unorganized	Sophia Animal Photo Club		We join Federation of Japan University Photo Club(FUPC) and participate in photo sessions organized by FUPC. In summer vacation, we participate in photo match and aim for victory.	Within the University and shooting locations in the Kanto area	Irregularly.(About once a month)
1301	Unorganized	Creatour		Photograph, filming, editing, designing	Anywhere	Irregular

## Sub Culture / サブカルチャー

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
124	Hobby Club Alliance	Sophia Comic Society		Interaction through manga and other subcultures. Creation of club magazines.	Classrooms	Every Friday at 5th period







878	Unorganized	Group SOS		This is a circle for people with otaku hobbies to chat during lunch time.	11-505	lunch time
892	Unorganized	Sophia game&Anime FJC		We play many kinds of games and we watch many kinds of animation.	classroom	Mon/12:35-13:25 Tue/12:35-13:25 Wed/12:35-13:25 Thu/12:35-13:25 Fri/12:35-13:25
1041	Unorganized	sophia tokusatu/anime club		watch Tokusatu and anime	hoffman hall	Indeterminate
1085	Unorganized	Soohia Disney Fans		we are disney fans. We love disney. Anyone who likes disney can join us!!!	Irregular	Irregular
1121	Unorganized	koeai@sophia		hold talkshow with voiceactor	empty classroom	after school
1163	Unorganized	Sophia Quiz Revivals		We study quiz by quizing and answering each other.We also participate in competitions.	In classroom, assembly hall or online	three days a week 17:20-20:30
1266	Unorganized	Sophia mystery club		We study and write detective novels, mystery novels and short stories etc. We also make illustrations or comics with the stories, and we publish our mystery magazine "SUTORANDO" twice a year.	Sophia University	Tuesday 17:30-20:00
1327	Unorganized	VOCALOCONNECT		We discuss topics, share information, create contents (songs/MMD models), and dance songs relating to VOCALOID. Each member belongs to one or more groups which accomodate his/her interest.	Sophia University	After school / Weekends

### Other Cultural Activities／その他文化系

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
1252	Unorganized	Club of Kojien		Our circle is aimed to earn wide range of knowledge and enhance vocabulary skills by using dictionaries such as Kojien.	Restaurants and parks near the school	After school and holidays.
1312	Unorganized	Sophia Traffic Club		We research and enjoy railways. Things related to train, for example buses, are also our research topic. We think and discuss about them deeply with wide range of view.	Online zoom meeting, Classroom or our meeting room in Hoffmann Hall	Every Saturday at 22:00



## EVENT PLANNING ACTIVITIES／イベント企画運営

### Event Planning for Major Events and Festivals／イベント企画運営

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
130	Others	Sophia Freshmanweek Committee		Our main activity is to plan, prepare for, and carry out Freshmanweek, which is held for the interaction between freshmans and club members every year.	No particular place	irregular
310	Unorganized	Sophia Xpress		Sophia Xpress is the representative student body of the Faculty of Liberal Arts. Our role is to support the students, professors, and administrative staff in any and all possible way.	On campus (meeting room is 10-405)	Weekly meeting every Monday at 12:45-13:30
620	Others	Sophia Festival Executive Committee		Running the sophia festival	11th Building	Friday/5th period
756	Others	executive committee of Jonan classic		The executive committee of Jonan classic offers every uni athletes and club members the opportunity of an interleague game with Nanzan University.	Due to the COVID-19, we do the commission online.	20:00-21:00 on Tuesday and Thursday and our activity will be ended until the end of July.
904	Unorganized	The Committee of Foreign Language Theater Festival	—	Organizing Foreign Language Theater Festival at Sophia University	Departmental conference room	Irregularly
906	Unorganized	nexnect		We plan events which are held at Sophia Univeristy, such as Sophia Yukataday, Autumn Freshamweek, and Christmasweek. To do so, we have regular meetings once or twice a week.	classroom	lunch break/ 5th period
1317	Unorganized	TEDxSophia University		We also hope to transform the theme of each event and share a lot of ideas.	classroom	Once a week [except just before the event]
1337	Unorganized	Johnan Meets project team	—	We are the team which in charge of Johnan Meets.	classroom at the campus	once a month











# Students Representatives / 学生代表組織

## Students Representatives / 学生代表組織







Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
1	Others	Representative committee	—	The organization that supports clubs/circles to operate smoothly.	HH221	Unspecified
25	Athletic Activities Alliance	Sophia Athletes Association		Sophia Athletes Association (SAA) is responsible for maintaining the Sophia intercollege sports clubs program. SAA is run by a board of directors elected from every clubs.	Athlete Association headquarter, ground floor of "hoffman hole building"	All year round
67	Music Activities Committee	Music Activities Committie		talk about music activities of music clubs.	class room of 11th building	lunch break
79	Theatrical Activities Committee	Theater Association Headquarters	—	We hold a meeting once a week.	small conference room	lunch time

# INTERNATIONAL ACTIVITIES / 國際交流活動

## International Communication / 國際交流






Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
100	Hobby Club Alliance	SISEC		SISEC in sophia university aims to continue international exchange activity even under corona virus crisis! We held online exchange program once a month and off-line event twice a month.	Online-ZOOM Offline-In and around Tokyo or at the campus.	Off line →twice a month on Saturdays. Online→Once a month on Sundays
344	Unorganized	SCSSA		Established in 2001, Chinese Student Exchange Association of Sophia University is providing support to Chinese students for further study, studying at the university and living.	The classrooms of campus or the conference rooms on loan outside the University	On weekdays or holidays
425	Unorganized	SOPHIA KOREAN STUDENT ASSOCIATION		Support Korean students in sophia in all aspects which Korean students have difficulty	anywhere	anywhere
669	Unorganized	Deutscher Ring		The goal of Deutscher Ring is to learn and enjoy the German culture. We are organising also German-Speech contest every year.	online or classroom	every second and fourth Friday, and irregular activities.
695	Unorganized	Sophia Communication	—	we are holding events like dinner (Japanese foods) and trip. we hope you enjoy and join us!	depending on the events	after school, weekends
1053	Unorganized	Lingwave		Our circle is to interactive with people from all over the world regardless of their religion, nationality and gender.	classrooms, online,	Afterschool and weekends
1084	Unorganized	Zainichi Korean Students Circle		Having exchange meetings and studying Korean	Class room	Lunch time or Holidays/1-2 hours
1161	Unorganized	AFRECOS		Association of African Economy and Development (AFRECOS) is a student organization whose mission is to deepen cultural connection and mutual understandings among students from Japan and African countries.	Sophia University	every Tuesday, during lunch
1191	Unorganized	Japan Russia Student Conference		We hold a conference every summer, and we discuss global issues with Russian Students. Our goal is to make Japan-Russia reration develop, and to deepen mutual understanding.	In this year all meeting and conference will be held on zoom.	Saturday 13:00-17:00
1207	Unorganized	Sophia Georgetown Student Connecting		Sophia Georgetown Student Connecting (SGC) is an organization which promote relationship between students in Sophia and Georgetown University in the United States.	Classroom	Friday (mtg)/ 6:30pm~8:30pm (might change during the outbreak of covid19)
1326	Unorganized	Southeast Asian Society in Sophia (SEAS Sophia)		A community for Southeast Asians made by Southeast Asians. We are committed to emulating a warm environment through intercultural exchange and utilizing online platforms to raise awareness on social issues.	To be decided	To be decided

## International Language／外国語



Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
5	Cultural/Academic Alliance	English Speaking Society		Our activity divided into 4 sections: Speech, Drama, Debate and Discussion. Although we usually attend each section you belong to, we offer some opportunities to enjoy with all members.	Classroom in Sophia University building	Lunch Time Talks→ 12:40-13:20 weekday After-school activities → depend on sections
282	Unorganized	The Association of students, graduates and professors of the Department of Hispania		We hold a lot of events for students of the Department of Hispanic Studies.	Bldg.No.2,815b	Irregularly, 12:30-13:20
489	Unorganized	Theater Company Brazil		Performing a play in Portuguese. Practice twice a week and perform in public twice a year(in August and December). Our goal is to improve our Portuguese and get familiar with Brazilian culture through a play.	Class room	Tue.,Thu/12:40-13:20 (after school practice in fall term)
565	Unorganized	Sophia Debating Society		We follow the international parliamentary debate format for impromptu speeches. We are also mentored by Toastmasters International in giving prepared speeches, impromptu table topic speeches and evaluations.	classroom	Tuesday 17:00~21:00 Saturday 19:00~21:00
723	Unorganized	Russian theatre club	—	We present a play in Russian.We usually hold workshops to improve our theatre skills.In addition,we all read the play script in Russian to improve our Russian language ability.	Sophia Univ.classroom, conference room and auditorium.	Monday,WednesdayThu rsday and Friday/ 17:20~20:00
1082	Unorganized	Sophia University French Club	—	We hold events to deepen friendship between members. Those who can join us is the students belonging to the department of french.	Classroom	Lunch time
1247	Unorganized	French Drama Club La Congère		Performing French drama at Foreign Language Theater Festival at Sophia University	conference room in French department	Iregulary
1259	Unorganized	The Committee of Foreign Language Theater Festival		we perform in English every December at the Drama festival (語劇祭).	Departmental conference room	once in two week except for the time before the festival.















## MUSIC ACTIVITIES／音楽

### Chorus／コーラス

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
70	Music Activities Committee	Sophia Glee Club		Singing and listening male choir songs with members regardless of whose gender, birthplace and grade.	Building No.11 (We usually use a classroom No.411.)	Every Tuesday (17:20~20:00) and Saturday (13:00~17:00)
71	Music Activities Committee	The Philharmonic Chorus Amadeus Chor		Towards the concert twice a year, we have practice three times a week.	11 number bulding	MON,WED,FRI / 17:20-20:20
78	Unorganized	Sophia Choir		singing in chorus, performance at school event, Masses etc.	Bldg.No.11,B2F (No.4/No.3)	Mon.17:30-20:00 Thu.17:30-20:00 Mon.~Thu.: 12:35~13:15
195	Unorganized	SAfro Family		SAfro Family is an intercollegiate gospel group which consists of circa 100 members. We hold live concerts twice a year. Come join and sing with us!	Sophia University campus grounds or rehearsal studios around Tokyo area.	Monday's & Wednesday's: 5:20 pm - 8:20 pm Saturday's: 1:00 pm - 5:00 pm
702	Unorganized	L'arbre de harmonie		Our circle has a general meeting once in a week.We have a huge cappella live in twice a year, further more we sing at campus events, too!	classrooms in Sophia university	Every Wednesday, 17:20~20:20
1086	Unorganized	SAfroOBOG	—	We sing gospel music at the Sophia Festival.	Sophia Uni.	Tuesday,Thursday, Friday,Sunday





### Instrumental Music／音楽


Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
3	Cultural/Academic Alliance	American Music Association		We play bands at venues and studios around Tokyo.	Building 11 Music Room	5 days a week
16	Cultural/Academic Alliance	Sophia Jazz Society		We play not only Jazz music, but also Funk, Soul, any genres. We hold a jam session once a week, and hold a concert every 2 months.	Practice room 9B, 9C, the building 11th	Every Wednesday and Friday

20	Cultural/Academic Alliance	Brazilian Music Club		Our Latin American Study Group is a club that plays Brazilian music! Brazilian music isn't just flashy like Rio's Samba Carnival! There is also MPB, Brazilian pop music, and rhythmic bossa nova.	music practice room in the B2 floor of the building No.11	Wednesday/17:30~20:30 and Saturday/13:30~17:30
68	Music Activities Committee	Sophia Philharmonic Orchestra		Our orchestra play pieces of classical music for regular concerts twice in a year and school events such as Sophia Festival.	Bldg11 B2F room2	Every Wednesday 17:30~20:30 and Saturday
69	Music Activities Committee	Sophia Guitar Ensemble		We play classic guitar as a group. Practice on every Wednesday and Saturday for the concerts we have twice a year which are in June and December.	Classrooms in building 11. Private practice at the music room on B2 in building 11.	Wednesdays 17:30-21:00 Saturdays 13:00-18:00
72	Music Activities Committee	Sophia Concert Band		Sophia Concert Band(SCB) is a wind orchestra circle. We have three big concert a year.	B2F, Bldg.No.11(No.4)	Wednesday:17:30-20:30 Saturday:13:00-17:00
73	Music Activities Committee	Sophia Marching Band		brass band, performing various kind of music.	3rd music room of building 11	Wed(17:30-20:30), Sat(14:00-20:00)
74	Music Activities Committee	Sophia Sokyoku Club		Soukyoku-bu is the one and only Japanese music ensemble at Sophia University. We play three traditional Japanese instruments: Koto, Shamisen, and Shakuhachi.	Bldg.No.11	Monday and Thursday ,17:20PM-20:10PM.
75	Music Activities Committee	Sophia Mandolino		Mandolin orchestra(Since 1960), regular concert twice a year	Building No.11	Wed.Fri/17:00-20:00 Sat/13:00-17:00
76	Music Activities Committee	New Swing Jazz Orchestra		We are the only one big band club in university. We often play jazz music.	11 bilding, B2F Music pracrice room	Tue,Thu:17:20~20:20 Sat:13:00~16:00
77	Music Activities Committee	Folksong Lovers		Band performance(LIVE) and practicing, training camp	campus practice room/external live house	meeting(weekly)/LIVE (about monthly)
194	Unorganized	band club		We form a band and have live performance at least 5 times a year.	Bilding11 Practice Room 8c	Every Friday/Lunch period
252	Unorganized	Sophia Piano Sciety		A circle for people who loves piano. We have many piano concerts, enjoyable events that are opened for anyone who wants to join!	classroom, clubroom (equipped with the piano), concert hall at the day of a concert, sightseeing spot at the day of an event	lunch time, after school, whole or half day at the day of a concert or an event.
506	Unorganized	Sophia Chamber Orchestra		You can play any kind of music what you want, with your favorite member.	Hoffmann Hall Bldg. #11	before the concert
1109	Unorganized	Sophia Handbell Choir		"Volunteer×Music" is our motto. We play handbells. First timers are more than welcome!	Hoffmann Hall	Twice a week/17:20~20:00
1232	Unorganized	Acoustic Studio		We sing songs with various musical instrument.We give a concert once every two months.You can play acoustic guitar, keyboard, cajon and so on.	11Bldg.	Basically, 6 or 7 days in a week.


## THEATRICAL ACTIVITIES / 演劇

### Drama Performance / 演劇パフォーマンス

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
80	Theatrical Activities Committee	Engeki Kenkyukai		We play theater performances and make the stages.	Auditorium of the first building.	After school.
81	Theatrical Activities Committee	Gekidan Little Square		We do the drama performance three or four times a year.	1st building theatre or 11th building class room	9:00AM~9:00PM
82	Theatrical Activities Committee	Gekidan Euphoria!	—	supporting the performances of drama and dance which are given at first buildings auditorium in the role of lighting.	firsts buildings auditorium	time of extracurricular activities.
83	Theatrical Activities Committee	Theatre Company Kanransha		We create stages and plays performed in Japanese.	Auditorium (Theatre) in 1st building, classrooms in 11th building	Irregularly (Basically after school)
1010	Unorganized	Sophia Shakespeare Company		We perform Shakespearean plays twice a year, in summer and in winter, at a small theater in Asagaya, Tokyo. We normally practice at school. During the pandemic, we work online.	Bldg: 2, 11, online	(before pandemic)3-4 times a week, during 17:20-21:00. (during pandemic)depends. We arrange the time flexibly.














1336	Unorganized	Curtain Call	—	We are a musical club, members senior and above.	Around Yotsuya	Irregular
1338	Unorganized	Sophia Stage Entertainment		We Put on a theater performance. This will foster a rich spirit.	Hoffman Hall	First and third Monday of the month/17-19pm












## Musical/ミュージカル

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
580	Unorganized	Masquerade		We play a musical show.	Mainly at Sophia University.	Mainly 17:20-20:20 on Wednesday,10:00-17:00 on Sunday.

## VOLUNTEER ACTIVITIES/ボランティア







### Volunteer/ボランティア

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
2	Cultural/Academic Alliance	Don Quixote		playing with kids and learning support	children's house, children home	after school
10	Cultural/Academic Alliance	AIESEC Sophia		We produce global youth leaders through making the overseas internship and events with the aim of realizing the society where peace and all people's potential are fully realized.	School classroom or Online Zoom	About three times in a week, the weekly meeting once a week on Friday evening and team meetings about twice a week
24	Cultural/Academic Alliance	Wakatake Club		We bond with disabled children at an elementary school in Meguro. Students will also plan events such as fieldtrips for these children to participate in.	Mainly Wakatake Classroom (within the elementary school)	Usually every Saturday from 10:00 to 16:00. Online Zoom for an hour during pandemic.
106	Hobby Club Alliance	Sophia Sign Language Club		We do activities such as learning sign language words and expressions, memorizing them through game playing or practicing songs and plays. Most of members are beginners at sign language!	Classroom in Building1 or Building11	Date: Twice a week/on a lunch break Time: 12:50~13:10
125	Hobby Club Alliance	MEGUKO-Action for the Self-Reliance of Children in Asia-		MEGUKO is NGO organized by the students of Sophia Univ. We support the fundamental education for the children in India and Philippines.	Sophia University	Fri 12:45-13:15
227	Unorganized	STP (Summer Teaching Program)		We do to many prefectures in Japan, and Cambodia to teach English to elementary and Junior high school students.	6 different prefectures in Japan, and Cambodia	Summer break
446	Unorganized	AshA		Once a year, we go to Kolkata to hand CCD the money and observe the situation in the schools we fund.	Sophia uni.	Wednesday during the lunch time
812	Unorganized	TFT Sophia		We try to reduce the imbalance on earth in food security by introducing TFT menu to the cafeterias.	classroom	twice a week/ lunch time
828	Unorganized	Sophia rovers		Outdoor activity like camping and volunteer	Outside the university	Depends on the project.
837	Unorganized	Sophia Sustainable Coffee Movement		Study and spread information about coffee and cafes. Open a coffee booth at the Sophia Festival.	Classroom, Off campus	Weekend, Lunch break
898	Unorganized	Habitat for Humanity - Sophia University	—	Our main activity is to raise money for members to go build houses in developing countries. We also hold events to raise HFH's awareness.	Open classrooms (classroom may change due to reservations)	Thursdays, lunchtime
912	Unorganized	HePaPa.JP	—	we gather parents and children and join activities as a volunteer team.	off-campus,online	irregular
936	Unorganized	CeeK		We visit children in Cambodia once a year and aim to bring smiles to their faces. we collect clothes, pens, and tooth brushes to hand out to the children.	Sophia University	every Thursday/17:20-19:30
955	Unorganized	Sophia Volunteer Network		We volunteer for disaster reconstruction, but also we hand out rice ball to street people. In a break, we went to Kumamoto prefecture or Tohoku area to help people.	•classroom •depends on activities	•every other Wednesday •lunchtime •weekend
1181	Unorganized	Kakehashi		Currently we do a volunteer job with a Tiyoda Council of Social Welfare and Kojimachi Firefighting Boy Scouts.	Irregular	Irregular

1217	Unorganized	MLT kodomo project		We provide food education support and learning support for children who need welfare support.	Misakicho salon	Every Thursday night
1219	Unorganized	Student non-government organization		We go to East-Timor every year. We make up our own projects and do them.	At Sophia University (currently on zoom)	Thursday from 19:30
1233	Unorganized	ASANTEPROJECT		Hello, we are ASANTE PROJECT. We have been supporting pre-school education in Tanzania through the material aids and teaching English in kindergarten for the Tanzania children.	Sophia University	Every Monday or Thursday/ 7:00pm
1248	Unorganized	STEP UP! (study support)		Teaching children who have difficulties to go cram school as volunteer teachers. Taking part in the event which is cleaning up the city.	Yuttari-no	Every Saturday, 12:30pm to 15:00pm, and 16:00pm to 18:30pm
1270	Unorganized	Sophia Refugee Support Group		Sophia Refugee Support Group supports asylum seekers in Japan and advocates their situation to the Japanese public. We organize Refugee cafés, Japanese classes, detention center visits, and fundraising events.	Zoom meeting or 10-301	Every Friday at lunch time 12:40-13:30.
1277	Unorganized	Blood Donation Club		We are visiting blood donation rooms once or twice a month.	Somewhere around Tokyo.	Weekend. Once (or twice) a month.
1296	Unorganized	BOND - Foreign Workers And Refugees Support Group - Sophia University Branch		BOND is the volunteering circle which supports refugees and undocumented migrants in Japan. Our assistance ranges from organizing workshops to make a protest	Sophia University Yotsuya Campus schoolroom	Every Monday 20:00~21:30
1310	Unorganized	teraco		「teraco」is a volunteer group that teaches junior high school student online.	home	17:20~19:30
1333	Unorganized	purari		We will help people enjoy eco-friendly lifestyle, especially focusing on 3R of plastic.	irregular	twice~three times a month
1335	Unorganized	BRIDGE~a small step for others by gen Z		We are supporting Myanmar. Since the coup, the people of Myanmar are still living in turmoil and We want to help them with what we can do.	online	Sunday/21:30~22:30
1346	Unorganized	Michinoku renaissance		This club organizes and holds online events related to Tokoku area (North Japan) and Great East Japan Earthquake.	Online	Once a week (about an hour)
1332	Unorganized	Sircle	—	We contribute to society and some locals through soccer and J.LEAGUE. We inform the attraction.	It's on a case by case basis.	It's on a case by case basis.














## STUDY ACTIVITIES / 学問

### Academic study / 学術・学問

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
110	Hobby Club Alliance	Sophia Jurist Club		Prepare for regular examinations and study for bar exam or public servant exam.	Each classroom.	After school.
231	Unorganized	Japan Model United Nations Yotsuya Branch		We debate on the current global issues by simulating the actual UN conferences. During the conference, each of us acts as each country's delegate.	Online, 11th Building, Sophia Kioizaka Building or Hoffman Hall	Thursday, 17:20~19:10
236	Unorganized	Tozaibunka study club	—	Learn about the SDG's and have a real discussion together. At the school festival, we will make a video on the theme of SDG's.	Cafeteria at Sophia University/Zoom	once a week Lunch time on Wednesday
358	Unorganized	Sophia International Law Club		We will learn international law through the activity of moot court. We participate in international law moot competitions, including the most famous Phillip C. Jessup Cup.	Hoffman Hall	Wednesday, Friday
512	Unorganized	Sophian Kirisutosya Gakusei Kai		We are the protestant christian fellowship in Sophia University. We have English bible study, Gospel Time, and activities with other universities. Always welcome, feel free to come!	clubroom, cafeteria	three times a week / lunch time, after school
869	Unorganized	Astronomical Observation Club		Trying to acquire knowledge of Astronomy through studying and observations. We also use cameras to take photos of starry sky.	classroom	on Friday at 19:00-21:00
1173	Unorganized	Sophia Teaching Society	—	We are doing teaching demonstration, preparation for teacher recruitment exam and for interview, and exchange meeting with junior high and high school teachers.	mainly at Zoom	Undecided (depend on students)
1186	Unorganized	Sophia Environmental Association		Our goal is to establish a cycle of recycling food on Sophia campus by reusing some of food waste from dining halls as fertilizer for the soil.	New fields outside restaurants in front of Building 10 and Building 11	12:40-13:30 Every Thursday

1222	Unorganized	Verdure Law Circle	—	We organized a study-communication activity mainly for the Chinese-students who major in law at this university	Classroom	2nd Thursday
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1258	Unorganized	Sophia Electronics Lab		Through our projects, we are improving our skills in electrical and information technology. The projects can be launched by all members of this community and is open to all members.	Class room or online	Irregular. After 5 p.m.
1262	Unorganized	Community of Academic Diversity		In this club, members will discuss various topic in order to share their specialized expertises and to acquire broad knowledge and culture.	In sophia Uvi.	Noticed each time
1267	Unorganized	Policy Making Contest for Students GEIL		Student organization GEIL, established in 1998, is an organization that holds policy making contests. The concept of this organization is "Change citizen and the society by policy making."	The University of Tokyo komaba campus 512	on Friday, from 7 to 9p.m.
1272	Unorganized	Estonian House	—	We aim to build a sustainable society through studying Estonia. We are planning to have a student conference this year. So please feel free to join us if you are interested.	outside campus	irregular
1279	Unorganized	Speak Up Sophia		Our goal is to reduce sexual violence and discrimination. We hold events both inside and outside the university to promote correct knowledge of sexual consent.	It's not fixed.	It's not fixed.
1284	Unorganized	Peacebuilding and International Cooperation		We study international relations and peacebuilding in region such as Afghanistan and South Sudan by reading reports and "Peacebuilding" under instructions of Prof. Daisaku Higashi.	classroom,zoom	17 : 30~ (Zoom:20:00~) on last Monday in each month
1290	Unorganized	Horizon		Student empowerment organization creating empowering tools and platforms to support young people to drive social change. In teams, members address challenges, from environmental, refugee, mental health, gender issues and beyond.	Online & Sophia University Yotsuya campus	5 - 10 hours a week
1293	Unorganized	Kumanomi		This is a community for sexual minorities in Sophia. We aim to create a safe-space and share information about news and events related to LGBTQ+ topics.	Online/Classroom (Will be informed each time)	Friday, every other week (Provisional)
1311	Unorganized	SOMA		We study about software like AI, VR, Web and App in groups. Our aim is to share what we learned and achieve results in the competition.	Class room	1 or 2 days a week
1313	Unorganized	Green Sophia		We encourage each other to learn about environment problems, and take action for a better environment. We aim to grow not just as individuals but to also influence others.	ONLINE: zoom, slack OFFLINE; depends on each projects	weekly meeting: Monday 19:30-21:30
1325	Unorganized	Gender Equality for Sophia		Organizing events and planning projects for gender equality on campus.	Online	Every Wednesday at lunch time
1331	Unorganized	Equity		Hello, we are Equity! Join us in our active, open, and constructive discussions about different forms of inequalities and their interrelationships.	Via Zoom	Friday from 21:00
1334	Unorganized	A m i c i H i s t r o r i a e	—	Deepen discussions and improve accademic skills through groupe reading of history books	Kioizaka Building	Wednesday and Friday, 5:30 - 8:00 p.m.
1339	Unorganized	Voice up Japan Sophia branch		VUJ Sophia is an organization that aims to raise awareness of social issues in Japan and around the world through SNS posts and event activities.	Sophia University, off-campus	Two to three days a week
1344	Unorganized	Sophia Poetry Club		Appreciation and creation of poem and tanka.	Classroom in the campus	Undecided

## Business Study & Career Development Support/ビジネス研究 & キャリア支援

Club Code	Category	Club Name	SNS Website	Activity	Place	Date/Time
1065	Unorganized	Cross Arts	—	You can join business contest, book club, and logical discussion through Cross Arts. We welcome students who wants to improve youreself.	Online	every Friday
1190	Unorganized	SVO(Sophia Vocational Opportunity)		Provide job training and opportunities for interaction with working adults.	Occasional	Occasional
1323	Unorganized	Clutch	—	We are the start-up incubator and a community to build up an entprise mind-set.	Unspecified	Unspecified
1330	Unorganized	Sophia student entrepreneur club	—	Exchanging ideas and having discussions of starting a business ,holding a pre-business contest,participating the real business contest	Class room	Every Monday and Thursday / 17:20-19:00
1342	Unorganized	en-courage sophia	—	Consulting and Advising to the 3rd grades of the Sophia with coaching through establishing their career and job hunting.	online	Mon.-Fri. 9:00-1900