# **Information for new students regarding Sophia Orientation Day (SOD)**

## 1. What is Sophia Orientation Day?

Sophia University holds an Orientation Camp every semester for new students. Orientation Camp is a two-day overnight session for all incoming degree students to help you in transitioning to college life, getting to know new friends, seniors, and professors. You can get academic information on course registration etc. and your helpful seniors will give you useful tips and advice on any aspects of campus life.

For Fall 2022, due to the COVID-19, unfortunately, we cannot hold this program in the form of a two-day event. As an alternative plan to succeed the tradition of Orientation Camp as mentioned above, we would like to introduce you to the event called Sophia Orientation Day (SOD). This program is an in-person event held in one day on Yotsuya Campus. As this program will provide you various significant information regarding student life, we hope SOD will be a great start of your study at Sophia University.

### 2. Date and place

Date: September 23 (9:30-16:15) Place: Building 6, Yotsuya Campus

-Faculty of Liberal Arts (FLA): 6-307 (3F, Room 307)

-Faculty of Science and Technology (FST): 6-201 (2F, Room 201)

-Sophia Program for Sustainable Futures (SPSF): 6-402 (4F, Room 402)

# 3. Program content, lunch break

Time	Program
9:30~11:30	First Department Meeting
11:30~13:00	Lunch Break
13:00~14:30	Second Department Meeting
14:30~14:45	Break (ventilation)
14:45~16:15	Third Department Meeting

**Lunch break:** Student Cafeteria on the 5F of Building 2 will be open from 11:00 to 14:00 on the day. Note:

\*The number of seats has been reduced to meet the ventilation capacity recommended by the Ministry of Health, Labor, and Welfare. Acrylic partitions have been installed in area where students are seated face-to-face.

\*\*To prevent infection, tea servers will not be placed. Please prepare your own drinks in advance if necessary.

#### Points to note when using the cafeteria

- -Please wash your hands/disinfect your hands before using the cafeteria.
- -Please do not talk to others while eating or drinking (when you are not wearing a mask) and leave the cafeteria on as soon as you are done eating (due to the small number of seats).
- -Many people are shifting the acrylic partitions or placing them on the floor when eating and other activities. To prevent infection, please be sure to place the partitions in the correct position when eating.

Also, do not place partitions on the floor, as this is also undesirable from a hygienic standpoint.

-Please also check the video "Eating and drinking on campus during COVID-19" in the Sophia New Normal.

(URL https://www.sophia.ac.jp/jpn/aboutsophia/approach/snn.html )

-If you wish to eat or drink food other than that provided by the campus cafeteria, such as box lunches, you can use classrooms of 2F, 3F, 4F of Bldg.6. In this case, please also do not forget to wash and disinfect your hands before eating and drinking, keep as much space as possible between meals, and refrain from talking while eating and drinking.

### 4. Prevention of COVID-19

Regarding prevention of COVID-19 on campus, please check the details on "2022 Student Manual for Novel Coronavirus (COVID-19) Infection Prevention" in below URL.

https://www.sophia.ac.jp/eng/news/u9gsah000002dqft-att/20220608\_covid19\_st\_en.pdf

### 5. Others

-School song can be seen in below URL (Japanese only).

https://www.sophia.ac.jp/jpn/aboutsophia/sophia\_spirit/badge-song/koka.html

-Campus map: https://www.sophia.ac.jp/eng/info/access/map/map\_yotsuya.html

## 6. Contact

SOD Coordinating staffs, Center for Student Affairs, Sophia University

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